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BUT NOT AS FANS REMEMBER

metroNEWS

Your essential daily news | WEDNESDAY, JULY 15, 2015

High 22°C/Low 10°C Mainly sunny

Zibi lawsuit withdrawn

FIRST NATIONS

Amikwabi will continue the fight to have land returned

Haley Ritchie
Metro | Ottawa

A lawsuit filed in the Toronto Court of Superior Justice in April that challenged the Zibi development planned for Ottawa's waterfront was withdrawn Monday.

"We need to refocus it and restart what we're doing," said lawyer Michael Swinwood.

He said the group that filed the lawsuit, his client Stacy Amikwabi on behalf of the Amikwabi Nation, will still fight for their goal of having the waterfront land declared sacred and ultimately returned to the Algonquin people.

"We'll be focusing primarily on the OMB (Ontario Municipal Board) hearing, but we'll be considering a new claim as well," he said. "We also need to talk to some of the Algonquin around the territory of the island and get them involved. There's a lot of Algonquins that do not have a voice. There's lots of politics involved."

The OMB hearing on the development is scheduled for mid-August.

Windmill partner Rodney Wilts said the developer has done extensive community consultations with many members of the Algonquin community and is disappointed by the opposition.

"We're disappointed, even though we're happy the case was dismissed, it's still an unfortunate waste of time and money that could have been spent on better things," he said. "We think we have a great plan and anytime you do development you expect some opposition."

'THREE SHOTS, LIKE ONE AFTER THE OTHER'

Ottawa police tactical officers enter a residence on Lilas Private with their guns drawn during a shooting investigation in Overbrook on Tuesday. See story in metroNEWS. JOE LOFARO/METRO

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MORE DEALS THAN BLACK FRIDAY

metro NEWS

Your essential daily news

Montreal bans First Nations headdresses at music festivals. **Canada**

EDUCATION

Strike threat no shocker: Boards

The Ontario Public School Boards Association isn't surprised to see teachers' unions threatening to escalate job actions when classes resume in September unless new contract agreements are reached.

"The September time-frame deadline becomes a bargaining chip both in private and in public," said Michael Barrett, president of the school boards' association, which negotiates on behalf of the government. "I've seen this program before."

The Progressive Conservatives warned the Liberals are mistaken if they think the unions will cave in, and said two million students and their parents will have to scramble in September if teachers do strike.

"We know there will be some kind of job action come Sept. 8 when the kids are back in school, whether that's an all-out strike or work-to-rule," said PC education critic Garfield Dunlop. "We can't believe that with only 55 days left that there's not more of a sense of urgency on behalf of the government."

The government admits talks with teachers are at an impasse, but Dunlop said the Liberals have done little to get negotiations back on track.

The unions blame class sizes, control over teacher preparation time and hiring practices as the issues that stalled the negotiations.

The union representing 50,000 teachers in Catholic schools says its members will be in a legal strike position by mid-August. The Elementary Teachers' Federation, which represents 76,000 teachers in public schools, began a work to rule campaign in May, and said it will return to talks only if the government removes "offensive" proposals such as eliminating the limits on class sizes.

THE CANADIAN PRESS

115,000

Contracts for all 115,000 Ontario teachers expired last August, and there are no talks scheduled with their unions.

Canadian troops set for gruelling four-day march

NIJMEGEN MARCHES

160-km trek through the Netherlands, ever since 1909

Michael Woods
Metro | Ottawa

Canadian Armed Forces participating in this year's Nijmegen Marches in the Netherlands arrive at a departure parade at the Canadian War Museum on Tuesday. MICHAEL WOODS/METRO

All their rucksacks are packed; they're ready to go. They've trained by marching up to 1,000 kilometres in full military gear.

This week, more than 200 Canadian Forces members leave for Europe where they will participate in a four-day, 160-kilometre March through the eastern Netherlands.

The annual Nijmegen Marches are a gruelling endurance test and prestigious honour for Canadian military personnel. This year's marchers were sent off at a ceremony Tuesday at the Canadian War Museum.

The marches started in 1909 as a Dutch military effort to increase soldiers' long-distance marching and weight-carrying abilities.

The march now draws more than 45,000 participants from 50 countries, and more than one million spectators. Canada has participated since 1952.

The 165 Canadian marchers (the rest are support staff) have trained for months for the gruelling march, walking up to 1,000 kilometres in the past few months in standard combat clothing, with rucksacks weighing at least 10 kilograms each.

"This is no ordinary march," said Chief of the Defence Staff Gen. Tom Lawson, on hand as the chief inspecting officer on Tuesday. "The men and women participating in the Nijmegen March are quite literally following in the footsteps of the Canadian military personnel that have come before them."

> **Op Nijmegen represents everything that makes the Canadian Armed Forces one of the most well-respected militaries in the world.**
>
> Gen. Tom Lawson

This year's contingent will also honour the 70th anniversary of the liberation of the Netherlands. Canadian soldiers played an instrumental role in liberating the country, which has contributed to warm relations between the countries ever since.

On the march's third day, the Canadian group will stop at the Groesbeek Canadian War Cemetery, where Canadians who died in the Second World War are buried.

The group will also make other stops overseas apart from the march, including at the Vimy Ridge Memorial and the Menin Gate Memorial to the Missing.

While the trip will last two weeks, the march itself is July 21 to 24.

PREPARATION

Intense training has reservist in marching shape

For months, Lt. (Navy) Matt Jones has been training by marching hundreds of kilometres around Ottawa and Gatineau.

Now that he and the rest of the Canadian contingent are leaving on Thursday for the annual Nijmegen Marches in the Netherlands, Jones is excited. And that's saying a lot.

"I've done some very exciting jobs. I used to drive a ship, I spent a year in Afghanistan, so I have a high threshold for excitement," said Jones, 32, a reservist at HMCS Carleton near Dow's Lake. "Even so, I'm pretty ready to go."

Jones, one of eight marchers from Ottawa among the more than 200 military personnel making the trip, said the group started training in early March when there was still snow on the ground.

"I think we've done up to 1,000 kilometres now just booting around the city, going down all kinds of paths and stuff. I'm ready to get to the real thing," he said. "It's been an enormously time-consuming part of all of our lives for months now."

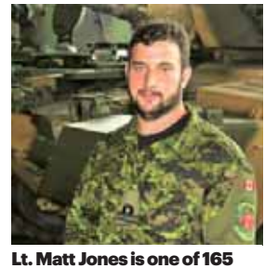
Jones has never been to the Netherlands, where Canadian soldiers are often greeted as heroes due to Canada's instrumental role in helping liberate the country at the end of the Second World War. He said he's excited to meet new people, experience a new culture and try new beer.

It's the payoff after spending several days a week waking up early and marching eight or nine hours in full combat gear with a rucksack that weighs at least 10 kilograms — up to 15 kg with food and water.

"You're getting up three or four times a week at 5:30 in the morning to go march around the city in the blistering heat," he said. "You need a lot of discipline."

The four-day, 160-kilometre Nijmegen Marches draw 45,000 people from 50 countries.

MICHAEL WOODS/METRO



Lt. Matt Jones is one of 165 Canadians participating in the march. MICHAEL WOODS/METRO

An Ottawa police officer and canine unit dog approach the scene of a shooting in an Overbrook neighbourhood on Tuesday morning. LUCY SCHOLEY/METRO

Man in hospital, another arrested after shooting

CRIME

Police haven't said if incident is gang-related

Ontario's Special Investigations Unit (SIU) is probing Tuesday's shooting in Overbrook which sent a man to hospital with serious injuries and another man to the back of a police cruiser in handcuffs.

Heavily armed tactical officers were called in to Lilas Private shortly after 8 a.m. when residents heard the sound of gunfire at a townhouse they say is known for drug use and loud parties.

A man was sent to hospital for "traumatic injuries" shortly after the shooting, according to paramedics.

At approximately 11 a.m., a second man resisted arrest, but later limped his way into the back of a police cruiser.

The SIU investigates incidents where there has been death, serious injury or allegations of sexual assault during a police operation.

A next-door neighbour, who would go only by "Samuel", said he heard two men fighting outside at around 8 a.m., followed by gunfire.

"Three shots, like one after the other — pop, pop, pop," he said. About 10 people ran out of the house, he added.

> **"I am not liking it because I have a daughter that lives here ... she's 18 years old and I don't even let her sit on the front step with that going on there.**
> Mark (neighbour)

Then, he saw one shirtless man bleeding from his side and another man bleeding from his mouth.

Another neighbour, who only gave his name as Mark, said he heard screams and several gunshots. He saw a man lying on the ground, bleeding, and later watched him be taken away by ambulance.

Fights are common at that unit and Mark said he recently helped a woman who took a beer bottle to the face.

"I am not liking it because I have a daughter that lives here ... she's 18 years old and I don't even let her sit on the front step with that going on there," he said. "I can't even let my nephews play in the park that's right in the backyard."

The apartment complex is owned by the Ottawa Community Housing.

"It's a very scary situation and certainly we want to support people who are touched by this event," said communications manager Melany Chretien.

Police have not said publicly if the shooting is gang-related. The Ottawa Police Guns and Gangs Unit is investigating.

Rawlson King, president of the Overbrook Community Association, said in a statement anti-gang initiatives need to continue in order to suppress violent crime in the neighbourhood. LUCY SCHOLEY AND JOE LOFARO/ WITH FILES FROM HALEY RITCHIE AND MICHAEL WOODS

CANADA-WIDE WARRANT

Police search for offender

The OPP are asking for the public's help in locating a federal offender with a long history of violent crime who is wanted on a Canada-wide arrest warrant.

Police say Morris Brian Francois, 36, is a first-time offender serving a seven-year sentence for manslaughter and is wanted by the Repeat Offender Parole Enforcement (ROPE) Squad for breaching his parole.

His criminal record dates back to 1996 for convictions on assault causing bodily harm, assault with a weapon, and uttering threats.

Morris Brian Francois CONTRIBUTED/OPP

He is described as native man who is five-foot-11 and weighing 200 pounds. He has a tattoo of a tribal sign on his right cheek and a teardrop tattoo on his left cheek. Anyone having information in regards to the offender is asked to contact the Provincial ROPE Squad at 416-808-5900 or toll free at 1-866-870-ROPE (7673), or Crimestoppers at 1-800-222-TIPS (8477) or call 911. JOE LOFARO/METRO

VANIER

Man, 51, charged in drug store robbery

Ottawa police charged a 51-year-old man following a drug store robbery in Vanier last week.

Police say the suspect entered the business in the 100 block of Montreal Road at 3 p.m. and demanded cash from the cashier. Police say he indicated he had a gun, but no weapon was seen.

The suspect fled the store with an undisclosed amount of cash.

On July 14, David English was charged with a single count of robbery and an arrest warrant was issued. The suspect currently does not have a fixed address. JOE LOFARO/METRO

PUBLIC SERVICE ALLIANCE

Campaign condemns Harper cutbacks

Canada's largest public service union has launched a sweeping national ad campaign decrying Conservative government cuts in advance of the fall federal election.

The Public Service Alliance of Canada's "vote to stop the cuts" campaign is the latest third-party advertising blitz to enter the election fray, with the Oct. 19 vote fewer than 100 days away.

PSAC, which represents more than 170,000 workers, says it's not advocating for any particular party or candidate. It's merely trying to inform the public about Conservative government cuts in six particular areas: veterans affairs, border security, search and rescue, Employment Insurance, environmental protection and food safety.

"There have just been so many programs that have either been cut bare to the bone or cancelled in totality," PSAC national president Robyn Benson said in an interview. "We felt it was important for Canadians to know what's actually happening so that they can make an informed choice when they go to the polls."

The campaign, which includes billboards, posters, radio and online ads, takes direct aim at the Conservatives and Prime Minister Stephen Harper.

"Essential public services are threatened by Harper's Conservative government, without regard for the safety and welfare of millions of Canadians," says the narrator of an online ad. "The Conservatives are bleeding our public services."

But Benson said she does not view that as an attack ad, saying PSAC is being honest and forthright with the information they're using.

"I think it's an awareness-raising campaign," she said. "I don't consider it to be an attack ad when you're simply given truthful information."

At the PSAC national convention earlier this year, members voted to devote $5 million toward raising awareness about the cuts. This campaign represents part of that amount.

"We didn't feel that we needed to advocate for one party or another — simply to tell the truth about what's been happening with this particular government," Benson said. "It's time for change." MICHAEL WOODS/METRO

Ottawan's Pan Am pitch

WOMEN'S BASEBALL

Carleton student representing Canada in T.O.

Haley Ritchie
Metro | Ottawa

Team Canada pitcher and Carleton student Melissa Armstrong heads to the Pan Am Games on July 20. COURTESY CHRIS ROUSSAKIS

Carleton University student Melissa Armstrong will be heading to Toronto next week to bring women's baseball to the Pan Am Games.

The team will be appearing at their first game in Toronto on July 20 and games will continue until July 26.

While growing up in Saskatoon, Armstrong said she tried almost every sport out there, including soccer, baseball and basketball.

"Baseball is a community for me," she said. "I just love the mechanics of the game and just love how the game works. Now I get a lot of great opportunities to play a game I love around the world."

Softball tends to be the more popular game among women, but Armstrong said baseball is growing.

When she was starting out she didn't play on an all-women's team until she was 14.

Even now there's no women's team in Ottawa, and Armstrong plays on the men's teams when she's not part of Team Canada.

"Women's baseball has never been a part of the Olympics but we're all hoping down the road it will be. This is great exposure for us," she said.

When she's not on the pitcher's mound, Armstrong is working on a PhD in the history of medicine in South Africa.

She first travelled to South Africa in 2010, when the country was hosting the FIFA world cup. Soccer isn't Armstrong's sport of choice, but she said it was an exciting time to be in the country.

> **"Now I get a lot of opportunities to play a game I love around the world."**
> Melissa Armstrong

"It was the first place I could discuss politics and history with random people and they were excited about it. It mattered," she said.

Armstrong's studies brought her to Carleton, but both academia and baseball keep her travelling.

Aside from regular visits to Africa, she's also been to Japan and Venezeula to play ball.

Her family often follows her.

"My parents follow me around the world for baseball," she said.

"They're coming to Toronto along with my sister, my cousins — it'll be exciting."

IN BRIEF

Urban adventure race coming to Ottawa this weekend

If you see excited people running around the city this weekend looking for stuff, here's why: It's the Goodlife Fitness City Chase.

In the part-obstacle course, part-scavenger hunt, teams have to decipher clues to locate various challenges throughout the city. The goal is to complete 10 such challenges and then head for the finish line.

It raises funds for the Goodlife Kids Foundation, which supports charities providing kids with physical activity opportunities.

Funds raised this year are going toward local programs for children with autism.

The top three teams go on to the national championships to face teams from other Canadian cities.

The race is this Saturday starting at 10 a.m. at Ottawa City Hall.

MICHAEL WOODS/METRO

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ARTS AND CULTURE

Fest drawing top animators to Ottawa

Joe Lofaro
Metro | Ottawa

The titles of 78 films spanning 23 countries were released Tuesday as the Ottawa International Animation Festival announced its 2015 lineup.

The annual festival takes place Sept. 16 to 20 and will bring together the leading animators from around the world.

Organizers said they received 2,088 entries for this year's edition, which is an increase from 55 last year. Forty-seven of the entries are from Canadian filmmakers.

Canadian short films in this year's lineup include Theodore Ushev's Sonámbulo and Julian Grey's Wrigley: Live Safe.

"This was without doubt one of the strongest years I can recall," said Chris Robinson, OIAF Artistic Director, in a news release.

"The quality of almost every category was high. We could have easily added another one or two competition screenings. I'm really excited to see how audiences react to this year's competitors. It was also a particularly good year for Canadian animators, demonstrating yet again just how diverse, unique and talented we are as an animation nation."

Screenings will take place at Bytowne Cinema, the National Gallery of Canada, the Arts Court, and Saint Brigid's Centre for the Arts.

An additional 69 films will be screened as part of the festival's Showcase programs. Also, eight Canadian short films will be part of the Official Competition and 39 Canadian short films will be part of the Showcase.

The OIAF is known as one of the leading animation festivals in the world and has been running since 1976.

ON THE WEB

More programming information is available at animationfestival.ca.

Lac-Leamy plans big for 20th anniversary

EVENT

Four countries preparing 'spectacular' Sound of Light

Haley Ritchie
Metro | Ottawa

Fans of the international fireworks show at Casino Lac-Leamy can expect another fiery display for the 20th anniversary event.

Tickets for the Casino Lac-Leamy Sound of Light show went on sale Tuesday.

This year the festival dates are Aug. 8, 12, 15, 19 and 24 behind the Canadian Museum of History.

Each day will feature a massive fireworks display synched up to music organized by four different countries.

"It's spectacular," said programming director Alain St-Jean. "You have got to be here, on the grounds, because a lot of the pyro show is done on the water. If you're not right here, you'll miss part of the art."

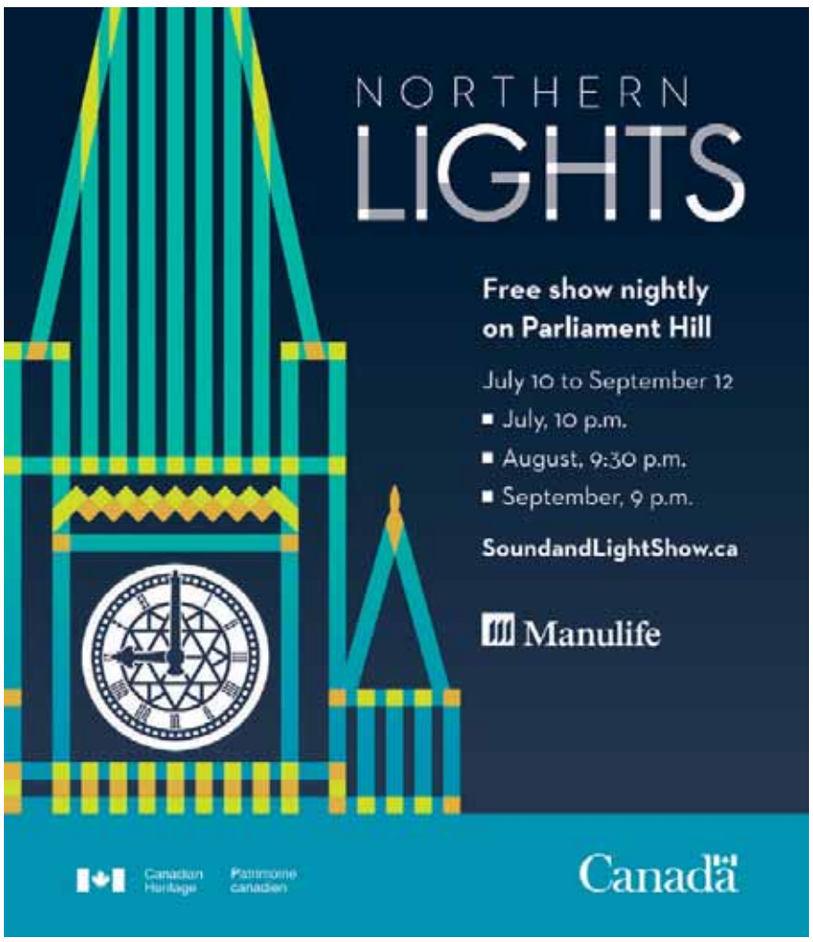
Spain, Belgium, Greece and Venezuela are the four countries competing to put on the best fireworks displays.

St-Jean said this year will also feature more entertainment before and after the fireworks, including circus-style aerial dance and a silent disco with a downloadable playlist.

Live music acts include The Soul Sisters, Funk-A-Tron 5000, Les Sociables, André Varin and Miguel de Armas Latin jazz quartet.

"It's probably the most beautiful artistic display you can see here in town," said St-Jean. "Having the Parliament and Ottawa in the background is just magical. It's a family event, a half-hour show of fireworks and music — you can't beat that."

Vincent Poliquin-Simms of Poliquin-Simms au carré, a circus-style dance group that will be performing at the Sound of Light show. HALEY RITCHIE/METRO



IN BRIEF

Former cabinet minister heads tourism institute

Former federal cabinet minister Liza Frulla has been appointed head of a Quebec institute that specializes in tourism as well as hotel and restaurant management.

Frulla, 66, will sit on the board of the Institut de tourisme et d'hotellerie du Quebec.

She was elected to the Commons as a Liberal in 2002 and re-elected in 2004 before losing her seat in 2006.

During her time in Ottawa, she served as social development minister and heritage minister.

Frulla was also a member of the Quebec legislature between 1989 and 1998 and had a spell as communications and culture minister.

Frulla also worked in TV over the years.

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Fewer SIU cases opened: Report

POLICE

But average time grew to close each case

Ontario's police watchdog opened fewer cases during the first full year of director Tony Loparco's tenure but the rate of closing them plummeted, according to the Special Investigations Unit's annual report released Monday.

The SIU opened 266 cases in the 2014-15 fiscal year (compared to 318 in 2013-14), and closed 33 per cent of cases within 30 business days.

The 33 per cent figure is well below the SIU's own performance standard for closing cases within 30 days, which is 65 per cent. That standard was surpassed by Loparco's predecessor, Ian Scott, in his final full fiscal year in office: 73 per cent of cases were closed in 2012-13, when the SIU investigated 372 cases.

That was up from 71 per cent of cases closed in the 2011-12 period.

Loparco, a former Crown attorney who took over from Scott in October 2013, was not made available for an interview.

"Over the years, the number and complexity of cases coming forward to the SIU has increased, with many cases requiring lengthier decisions," said SIU spokeswoman Monica Hudon. "With changes in technology, we are getting more and more evidence that takes time to be processed and analyzed.

Former SIU director Ian Scott told the Star he was "fairly sure" the increases in cases under his tenure involved custody injuries and sexual assault allegations.

JACQUES GALLANT/TORSTAR NEWS SERVICE

266

The number of cases opened by SIU in the 2014-2015 fiscal year.

"While the SIU recognizes it is important to resolve cases in a timely manner, the thoroughness of the investigation must take precedence over the length of time it takes to finish an investigation. The SIU is looking into how we can improve our case closure rate."

Hudon said there is nothing to which the SIU can specifically attribute the increase or decrease in cases in any given year, but pointed out that the average annual caseload for the last five fiscal periods is 310 cases, a 26 per cent increase compared to the average of 255 cases for the preceding five-year period.

The number of cases where charges were laid against officers in the last five fiscal periods has essentially remained the same, averaging about a dozen.

TORSTAR NEWS SERVICE

STAFFING

Rise in lockdowns at Ontario prisons 'not acceptable': NDP

The high number of lockdowns in Ontario prisons due to staff shortages is "not acceptable," and the province can't continue to turn a "blind eye" to problems in its institutions, says the NDP critic for Correctional Services.

As the Star reported Sunday, there were 900 lockdowns in Ontario's provincial jails due to staff shortages last year — a figure that has more than tripled since 2009, according to figures released by the province under the Freedom of Information Act.

The full and partial lockdowns, which can last a day or several days, have been triggered by shortages of staff, including correctional officers and or managers.

Oshawa MPP Jennifer French made a scheduled visit — planned before the Star's story was published — to the Central East Correctional Centre in Lindsay for a few hours Monday, where there were 199 lockdowns last year. Managers and correctional officers she spoke with raised the understaffing issue.

"We're hearing short staffing is creating an untenable situation — lockdowns and pressures ... I think it needs to be addressed," she said.

It's "not acceptable" to have lockdowns due to understaffing, French added.

The understaffing and related lockdowns, overcrowding, and "inappropriate" supports and training to deal with mentally ill prisoners, are all tied to significant under resourcing of Ontario's prisons, French said.

> **"We're hearing short staffing is creating an untenable situation ... I think it needs to be addressed.**
>
> Oshawa MPP Jennifer French

She plans, in her role as her party's correctional services critic to visit other jails in the province and come up with a list of "priority items."

The province says the lockdowns happen in correctional institutions across Ontario because of understaffing caused by workers who have called in sick or are on vacation and other forms of leave. The lockdowns are necessary to ensure the safety and security of both staff and inmates, the province says, adding it has hired more than 450 correctional officers since the fall of 2013, and will continue to work with its labour partners toward the hiring and training of 300 more new staff.

900

The number of lockdowns last year in Ontario's prisons that were due to staff shortages.

Beate Schwirtlich has faced enormous frustration scheduling visits to the Maplehurst Correctional Centre in Milton to see a prisoner she knows.

She works during the day, so the most convenient time for the Guelph resident to visit the provincial jail is on weekends.

There were 120 lockdowns there last year, according to the figures released under Freedom of Information legislation.

TORSTAR NEWS SERVICE

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INDECENT ACT

Mile-high club event leads to probation

A 26-year-old woman has been sentenced to nine months' probation for committing an indecent act on a Halifax-bound flight in 2014.

Alicia Elizabeth Lander appeared in Dartmouth provincial court Tuesday where she was also handed a six-month conditional sentence for assaulting a police officer, committing an act of mischief and causing a disturbance at Halifax Stanfield International Airport.

Lander was found guilty of the offences in May.

At the trial a flight attendant who was aboard Air Canada Flight 610 on Jan. 24, 2014, testified that Lander and a man used a coat to cover their laps and then fondle each other.

In handing down the sentence, Judge Timothy Gabriel told Lander that he was concerned that young children were in close proximity during the flight.

He also characterized her behaviour at the airport, where she kicked a sliding door off its runner and also kicked a hole in the wall of an interview room while being combative with police, as "disgraceful."

"It could be described as the action of a spoiled 12-year-old who is used to getting her own way," said Gabriel. "I think you understand ... that your actions were childish, but you are an adult and in the adult world actions have consequences."

The conditional sentence involves a curfew under which Lander is confined to her home from 10 p.m. to 6 a.m.

Lander must submit a DNA sample and perform a total of 60 hours community service. She was also ordered to pay Halifax Stanfield International Airport $426.65 within 14 months for the damage she caused to the wall.

THE CANADIAN PRESS

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Prime Minister Stephen Harper, right, meets with Arseniy Yatsenyuk, Prime Minister of Ukraine, at Wilson House in Chelsea, Que., on Tuesday. SEAN KILPATRICK/THE CANADIAN PRESS

Canada inks Ukraine pact

FREE TRADE

Economic ties part of effort to strengthen country: PM

Canada has reached a trade agreement with Ukraine that Prime Minister Stephen Harper says will help Ukraine build its economy and establish greater ties with the West.

The deal, which needs parliamentary approval, would eventually see a near-elimination of duties on goods coming into Canada from Ukraine.

It comes as the government of Ukrainian President Petro Poroshenko grapples with a populist move to water down economic changes demanded by the International Monetary Fund.

Harper announced the free trade agreement as he met Tuesday with Ukraine's prime minister, Arseniy Yatsenyuk, making clear that the deal was not just about creating jobs, but also a signal of Canada's continued commitment to aid Ukraine in its fight against Russian-backed aggression in eastern Ukraine.

"This is increasing economic opportunity for Canadians and Ukrainians," Harper said as he stood alongside Yatsenyuk in a dimly lit, darkened room at a government conference centre that overlooks picturesque Meech Lake in Chelsea, Que.

"It's also, I think, a step towards helping Ukrainians realize the future that they want," Harper added.

> **"Ukrainians do not want a future based on oppression and a Soviet past. The Ukrainian people want a Western future, a future of prosperity.**
> Prime Minister Harper

Once in force, the agreement would eliminate 99.9 per cent of tariffs on current imports from Ukraine into Canada, and 86 per cent of Ukrainian tariffs on Canadian products including all tariffs on industrial goods, forestry and wood products, fish and seafood products.

Canadian pork producers would continue to face trade barriers but others, including grains and oil seeds exporters and beef producers, would gain unhindered access to Ukraine's market.

Total back-and-forth trade between Canada and Ukraine averaged $347 million between 2011 and 2013, according to Canadian government officials, but slowed to just $244 million last year as Ukraine dealt with political upheaval and armed conflict in southern and eastern parts of the country. Canada has also provided Ukraine with $400 million in low-interest loans since a political crisis erupted there in 2013.

THE CANADIAN PRESS

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Festivals ban headdresses

FIRST NATIONS

Spiritual symbols aren't fashion accessories

Fans and artists attending three summer music festivals in Montreal can no longer wear First Nations headdresses as fashion accessories.

The July 31 to Aug. 3 Osheaga Arts & Music festival, Heavy Montreal Festival and IleSoniq festival have all banned the headdresses, out of respect for First Nations people and culture.

The Osheaga Arts & Music festival announced the ban in a Facebook post, saying: "The First Nations Headdresses have a spiritual and cultural meaning in the native communities and to respect and honour their people, Osheaga asks fans and artists attending the festival to not use this symbol as a fashion accessory."

The post featured a photo of a blonde woman wearing a headdress with a red line and circle on it.

The Aug. 7-9 Heavy Montreal festival issued a similar ban on its Facebook page, as did the Aug. 14-15 îleSoniq music festival.

The move to ban headdresses as fashion accessories has sparked strong social media support.

There was a firestorm of protest on social media after a woman was photographed wearing an indigenous headdress at the Winnipeg Folk Festival earlier this month.

"I was taught that headdresses are sacred, earned and worn for ceremony," tweeted First Nations member Dene Sinclair of Winnipeg.

"There's lots of ways you can honour a culture without taking a sacred object of theirs," Sinclair said in a phone interview.

Different symbols have different meanings in different First Nations communities, she said.

If someone's interested in fashion and First Nations, they could buy something from indigenous artists such as Christi Belcourt, the Metis artist who designed the Toronto 2015 Pan Am Games medals, Sinclair said.

The move by the three Quebec festivals comes amidst a recent trend by non-natives to wear headdresses as fashion statements, even though in First Nations culture, they are only worn by certain people on special occasions.

The Native Appropriations blog attempted to explain why "hipster headdresses" are considered offensive in a 2010 post, noting that headdresses promote stereotyping of aboriginal cultures.

"It's like wearing blackface," wrote author Adrienne Keene.

In 2014, Pharrell wore a headdress on the cover of Elle magazine, later apologizing: "I respect and honour every kind of race, background and culture. I am genuinely sorry."

Victoria's Secret apologized in 2012 after its Karlie Kloss model wore a floor-length headdress, along with leopard-print underwear and high heels. Kloss apologized on Twitter, saying she felt "deeply sorry if what I wore during the VS Show offended anyone." TORSTAR NEWS SERVICE

Appropriation of aboriginal symbols by non-natives is disrespectful, Montreal festival organizers say. THE ASSOCIATED PRESS/FILE

> **Headdresses are sacred, earned and worn for ceremony.**
> Dene Sinclair

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FLIGHT 182

MP 'misspoke' on Air India bombing

A Conservative MP is backtracking on her claim that Canada's spy agency knew there was a bomb on the Air India jet that exploded in 1985, killing 329 people.

In a June 30 speech at a Vancouver church, MP Wai Young said laws at the time prevented the Canadian Security Intelligence Service from telling the RCMP about the bomb. At Harvest City Church Young said that, as a result, the Mounties could not remove the bomb from Air India Flight 182. She said the government's recent Bill C-51 fixed the problem by allowing greater information-sharing among security agencies.

In a statement Tuesday night, Young said she "misspoke with regards to the investigation of the Air India bombing" in her speech and regrets the error.

A federal commission of inquiry into the Air India bombing did not conclude in its June 2010 report that CSIS knew there was a bomb on the plane. Rather, it said government agencies had significant pieces of information that, taken together, would have led a competent analyst to conclude Flight 182 was at high risk.

But Young presented a different version of events to churchgoers: "CSIS knew, or heard, that there was a bomb on board this plane," Young said.

"I don't know if you guys know that. Because they couldn't share that information with the RCMP, the RCMP could not act to take that bomb off that plane," Young said. THE CANADIAN PRESS

IN BRIEF

Ontario women charged in New York slashing

Three Ontario women have been arrested after police say they cut another woman's face during a party at an upscale Times Square hotel.

The Port Authority Police Department says the victim required 36 stitches after she was assaulted with a Champagne bottle and drinking glasses inside the W Hotel Sunday.

The trio face charges of assault, gang assault and weapons possession.

They were identified as Monique Boakye-Yiadom, 35, Aleesha Williams, 26, and Amy Walker, 30.
THE ASSOCIATED PRESS

Young orca rejoins pod

A Vancouver Aquarium orca researcher says a young killer whale has been reunited with its family two years after it was found swimming alone in a remote cove on the central B.C. coast. Fisheries and Oceans researchers found the orca, known as Sam, alone in 2013.

The orca was vocalizing loudly, not eating and appeared to be reluctant to leave, but researchers eventually managed to coax it out of the cove.

The aquarium said researchers, who had been looking for two years, spotted Sam with its family on July 2.

Aquarium research biologist Carla Crossman said the sighting shows Sam has successfully reintegrated with its family and the group is maintaining social cohesion over long periods of time.
THE CANADIAN PRESS

Firefighting soldier found

A soldier helping fight wildfires in northern Saskatchewan became lost Monday when he went into the woods seeking privacy.

Brig.-Gen. Wayne Eyre says the soldier was heeding Mother Nature's call when he headed in the wrong direction on the fire lines near La Ronge.

"Mid-afternoon a soldier goes into the woods to relieve himself, gets turned around and starts walking away," Eyre said. "This happens."

A search was launched and the Edmonton-based solider was found safe — six hours later.

Eyre said the only thing injured was the individual's pride.
THE CANADIAN PRESS

IRAN

Historic nuke deal cheered

Drivers honked their horns and dozens of Iranians cheered in a main square of the capital Tehran on Tuesday, welcoming their country's landmark nuclear deal with world powers, which they hope will mean an end to isolation and sanctions that have crippled the economy.

The celebrations underscored the hopes that many Iranians have pinned on the drawn-out talks. That public yearning for economic relief was crucial for winning moderate President Hassan Rouhani the breathing room to negotiate with Iran's nemesis, the United States, over imposing limits on the nuclear program.

A key question now will be whether powerful hardliners, including the elite Revolutionary Guard, which has spoken staunchly against concessions on Iran's nuclear ambitions, will acquiesce to the accord. They were largely silent Tuesday, most likely waiting to see the stance of the supreme leader, Ayatollah Ali Khamenei.

> **I am proud that my country has resolved this.**
> Ali Hosseini

At one Tehran electronics shop, men who had gathered around TV screens at the store clapped as Iranian President Hassan Rouhani started to address the nation. Among them was shopkeeper Ali Hosseini, 29, who watched both leaders' speeches live.

"I am proud that my country has resolved this critical issue through talks not war," he said.

THE ASSOCIATED PRESS

Mockingbird fans race to get new book

PUBLISHING

Harper Lee's just-released novel depicts Finch as a bigot

Julia Stroud was first in line to get a copy of Go Set A Watchman at the midnight release Tuesday in Harper Lee's hometown of Monroeville, Ala. BRYNN ANDERSON/THE ASSOCIATED PRESS

Shortly after sunrise Tuesday, the doors opened at the Old Courthouse Museum in Monroeville, Ala., and a bell tolled.

In the hometown and residence of Harper Lee, it was time to start a marathon reading of Go Set a Watchman, the book no one thought they would ever see from the author of To Kill a Mockingbird.

Lee fans worldwide stayed up late, woke early or dashed off during meal breaks to pick up a copy of the year's most anticipated novel, Go Set a Watchman, which came out Tuesday after months of the most unusual pre-publication attention in memory.

From the moment publisher HarperCollins announced Watchman in early February, reactions of ecstatic disbelief have been shadowed by concerns about the book's quality, the 89-year-old Lee's involvement in the release and the jarring transformation of Atticus Finch.

"I don't think it's going to damage Harper Lee's legacy," Susan Scullin, a reading teacher in New York City, said of Watchman as she prepared to buy a copy at the Barnes & Noble in Manhattan's Union Square.

"It might damage Atticus Finch's legacy, and that makes me a little nervous."

Booksellers from Cambridge, Mass., to Downers Grove, Ill., opened at midnight Tuesday, while Barnes & Noble stores began selling copies at 7 a.m., two hours earlier than usual. Pre-orders have already made Go Set a Watchman one of the year's top books and did not let up despite lukewarm reviews and the news that Finch, one of the all-time literary heroes, was a bigot in Watchman.

Lee's attorney, Tonja Carter, has said she came upon the Watchman manuscript last year while looking through some of the author's papers. Watchman was written before Mockingbird but takes place 20 years later in the 1950s.

A grown-up Scout, now living in New York, is visiting her native Maycomb, Ala., and observing a community terrified by the Supreme Court's recent ruling that school segregation was unconstitutional.

> **I don't think it's going to damage Harper Lee's legacy. It might damage Atticus Finch's legacy ...**
> Susan Scullin, teacher

Scout is shaken when among those joining the racist mob is the man who in Mockingbird stood against it: her father, Atticus.

"I'm nervous," said Cher Caldwell, a 43-year-old English teacher from Kentucky. "I'm reserving opinion, but I'm ready to be mad. He's the epitome of the moral compass."

At the Waterstones bookstore in London's Piccadilly Circus, shoppers used their lunch hour Tuesday to pick up copies of Go Set a Watchman. Some said they planned it to be their holiday reading, others said they wanted to know more about the beloved characters in To Kill a Mockingbird.

THE ASSOCIATED PRESS

BACKGROUND

Near-normalcy expected for Lee on the big day

Harper Lee, also known as Nelle, was expected to spend the day as she usually does at the 15-person assisted-living facility in Monroeville, Ala., where she is closely guarded and only a short list of pre-approved visitors is allowed to see her.

Wayne Flynt, a historian and author, said he met with her Monday and gave her an inch-thick stack of news articles about the release of Watchman.

"She chortled," Flynt said. "She's absolutely delighted. I think she's a bit overwhelmed."

Harper Lee's new book. THE CANADIAN PRESS/AP/HARPER

While Lee's day was expected to be normal, "normal means monotonous and boring, except when you just took over the media of the entire world, in which case it's a lot more exciting," he said.

Amazon.com has called Watchman its most popular pre-order since the last Harry Potter book, which came out in 2007.

At Barnes & Noble, Mary Amicucci, the superstore chain's vice-president for adult trade and children's books, said that pre-orders were the highest since the 2009 release of Dan Brown's The Lost Symbol, his first novel since The Da Vinci Code.

Sales for Mockingbird have doubled at Barnes & Noble since Watchman was announced.

THE ASSOCIATED PRESS

TECHNOLOGY

Twitter stock up on fake story

Twitter's stock briefly spiked on Tuesday after a fake story said the short messaging service received a $31 billion (all figures U.S.) buyout offer.

Although the hoax involves a knockoff news website set up by a secret owner targeting a social media company with a $24 billion market cap, experts said the events look like a modern twist on a stock scam as old as the markets themselves.

The fake story, which cited "people with knowledge of the situation," appeared on a website made to look like Bloomberg's business news page.

The website was registered Friday, according to a search of the non-profit Internet Corporation for Assigned Names and Numbers, and the identity of the person or company who registered it is not publicly available.

Bloomberg spokesman Ty Trippet says the story is "fake and appeared on a bogus website that was not affiliated with Bloomberg."

Twitter Inc., based in San Francisco, did not comment.

Twitter's stock spiked 8.5 per cent in late morning trading before settling back down after the story was confirmed fake. The stock closed up 2.6 per cent at $36.72.

The report may have seemed believable because of Twitter's recent struggles.

The company went public in 2013, but it isn't profitable and some investors are concerned about its user growth. As of Monday's close, Twitter shares were down 31 per cent since April 27.

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REAL ESTATE

Sales up in Toronto, Vancouver: Royal LePage

Figures from Royal LePage suggest that Toronto had the hottest real estate market in the country during the second quarter, with double-digit increases in housing.

The Vancouver market was also strong with double-digit price increases for two-storey homes and detached bungalows, although condo prices were up a more moderate six per cent.

But prices were down for some types of residential property in Montreal, Calgary and Winnipeg.

Royal LePage says other major markets across the country saw moderate increases or flat prices for most types of housing during the quarter, including Halifax, Ottawa and Edmonton.

The national average price of a bungalow was up 7.5 per cent from last year at $438,938, the average price for two-storey detached houses rose 6.8 per cent to $471,002 and the average condo price was $268,583, up 3.9 per cent.

Royal LePage released its quarterly report a day before the Bank of Canada's latest interest rate announcement and an updated outlook for economic growth.

$471,002

The national average for two-storey detached homes has increased to $471,002, up 6.8 per cent from 2014.

However, Royal LePage said a further decline in lending rates wasn't needed to boost the real estate market.

"With most Canadian real estate markets across the country advancing modestly, and some rapidly, Royal LePage advises that a further interest rate cut by the Bank of Canada could over-stimulate markets such as greater Toronto and Vancouver."

It also said a decline in prices for some types of properties in some local markets has increased buyer interest. THE CANADIAN PRESS

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Canada's big banks could resist the urge to pass on to borrowers the full benefit of a cut to interest rates if the Bank of Canada moves to reduce its key rate today, a reluctance that experts believe could anger borrowers.
SEAN KILPATRICK/THE CANADIAN PRESS

Big banks may not follow BoC

FINANCE

Key rate cut may not trigger national prime rate reduction

Canada's big banks may resist the urge to pass on to borrowers the full benefit if the Bank of Canada decides to reduce its key interest rate today.

CIBC analyst Robert Sedran suggested a 25-basis-point cut in the central bank's overnight rate could be followed by only a 10-basis-point reduction in the prime rate by the big banks.

"Either way, we would not expect an overnight rate cut to be met with a full reduction in bank prime rates," Sedran wrote in a report Tuesday on the eve of the Bank of Canada announcement that is hotly anticipated amid concerns the economy is in a recession.

If the Bank of Canada cuts interest rates, it will be an effort to jump-start the economy by making it cheaper to borrow money.

But a cut by the central bank won't automatically trigger a similar cut in the prime rate — currently 2.85 per cent — at the country's big banks.

Moves in the prime rate affect variable-rate mortgages as well as home equity lines of credit.

When the Bank of Canada unexpectedly cut the rate in January by a quarter of a percentage point, the big banks cut their prime rates by 0.15 — but only after a week of hand-wringing about what to do.

The central bank is also expected to cut its outlook for economic growth this year from its April forecast of 1.9 per cent.

When the central bank cut the key rate in January, it explained it was buying "insurance" for the economy in the face of falling oil prices.

The damage done by the drop in oil has been more punishing than many expected, and the economy contracted in each of the first four months of the year.

However, economists predict the economy will rebound in the second half of the year, adding clout to arguments that the Bank of Canada should keep rates on hold. THE CANADIAN PRESS

IN BRIEF

Walmart Canada closes online photo store after possible data breach

Walmart Canada has taken down its online photo-processing store after learning of a possible data breach.

The company says customer credit-card data on its photo-centre website was potentially compromised, and the company will notify any affected customers. THE CANADIAN PRESS

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metro VIEWS
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the big number

$1.5M

Is what the Harper government is spending in the run-up to the fall federal election to rerun ads that tout the dangers of marijuana and prescription drug abuse. Health Canada asked the Canadian Medical Association, the College of Family Physicians and the Royal College of Physicians and Surgeons to brand the commercials with their seal of approval. Instead, in a moment of high drama, the doctors' organizations released a joint statement saying the ads turned a public-health matter into a "political football." Originally, the taxpayer-funded video spots ran alongside a Conservative campaign that blasted Liberal Leader Justin Trudeau's pro-legalization stance on pot. Once the writ drops sometime after Labour Day, rules dictate that the ads must be pulled again. THE CANADIAN PRESS

Droughts pose a slow, certain threat to Canada

THE SCIENCE
Stephanie Orford

We finally got the rain we wanted in Vancouver this past weekend. After weeks of drought conditions, the city was thirsty. It's just a taste of the drought effects the whole country has been feeling — an effect of climate change that will likely become the norm across Canada over the next few decades.

Drought is a slow but certain environmental, economic, social and public health threat that Canadians must take measures to adapt to. Government, the private sector and individuals need to think ahead and be prepared for its many effects.

One of the most immediately scary risks of drought is fire — the reason Vancouverites were praying for rain last weekend. The hundreds of wildfires across the province were making the city's air quality more like that of smoggy Beijing. The country's snow pack, which feeds our fresh water supply, is about five per cent of normal thanks to an unseasonably dry spring, turning our boreal forests into kindling.

The rest of Canada is feeling the heat, too. Alberta has experienced more than a thousand wildfires since the beginning of 2015, already up from the annual average of 710. Wildfires don't just drive people from their homes and cause environmental damage. The smoke can have serious health effects.

Drought conditions are a health concern even without wildfires in the picture. The lack of rain across Canada will increase fine particulate matter in the air we breathe, including dirt, pollen and air pollution, affecting everyone's health. Those who spend a lot of time outside — bike commuters, homeless people — and those who suffer from asthma or other pulmonary health conditions will be particularly affected. California's four-year drought is already causing health problems due to poor air quality. Canadian cities could see the same issues, and need to be ready to act next time an air quality issue arises — providing citizens with information on how to protect themselves, and even handing out face masks when needed.

Canada also needs to be ready to respond to increasing food prices. Drought and wildfires in recent years are threatening to stunt crops across the prairies, affecting rural economies and driving up crop prices. This is exacerbated by falling food production out of other regions also impacted by drought, particularly California.

Drought affects fish stocks, too. The reduced Canadian snow pack is depriving B.C. salmon of the waterways they need to spawn.

California's four-year drought is already causing health problems due to poor air quality. Canadian cities could see the same issues.

The provincial and federal governments should be ready to respond, perhaps with financial incentives for farmers who grow crops that are more drought resistant, and support for low-income individuals when food prices rise.

We need to change our habits and policies, at the personal and society levels, to adapt to drought and its effects in the coming years. Let's start thinking ahead now.

Stephanie Orford is a Vancouver-based writer. The Science appears every other Wednesday.

ROSEMARY WESTWOOD

metroview

Here's proof of the government's lack of faith in Muslims

It was a ludicrous idea.

Last week, a senate report on terrorism suggested the government help train and certify Canadian imams.

Imagine the same call aimed at priests or rabbis.

But that was only one of 25 recommendations in a report that seems written by hand-wringing outsiders huddled at the door of the Muslim faith, peering in through a keyhole. If we needed a document to prove our government's lack of ties to, and understanding of, Muslim Canadians, we now have one.

Take, for instance, the Canadian Council of Imams.

The council represents approximately 200 Muslim leaders across this country — a vast majority, as member Imam Shaykh Yusuf Badat told me. The group believes the report is deeply lacking in input from the Muslim community, and thus is deeply flawed, he said.

The council is only mentioned once, in a sentence noting that it disagrees with the conclusion that mosques are a source of radicalization. (Perhaps senators missed the news that 38 Canadian imams issued a fatwa against ISIS followers in March, denouncing them as non-Muslim).

Out of 58 witnesses, the committee spoke to just two imams, giving them equal voice to the Canada Revenue Agency.

The report recommends the government work with Muslims to "create an effective counter-narrative" to terrorist ideology. Meanwhile, Muslims have been in the business of discrediting terrorist propaganda since 9/11, Badat said.

But there is a wider tone-deafness toward Canadian Muslims.

"This year was the first time our prime minister held an Iftar (Ramadan feast) event," Badat noted. "He hasn't been to a single Muslim Sunni event, and Sunni Muslims are majority in Canada."

Badat pointed to the niqab ban at citizenship ceremonies, Bill C-51 and the new second-class status of dual citizens. "All these bills lately, they seem to be fear-mongering against the Muslim community," he said. "God knows best, are they deliberately doing this, or are they generally ignorant?"

And yet Badat is not discouraged by anti-Muslim sentiment. He believes most Canadians see the vast difference between Islam and terrorism. But even if that's true, the Senate report could only have been written above a low hum of Islamophobia.

And since fear is born of ignorance, now would be a good time to admit you know next to nothing about Islam. Then ask yourself: Who's a better teacher? The government, or Muslims themselves?

metro
Your essential daily news

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by Jason Logan

metro LIFE

Your essential daily news

Whoopi Goldberg backing off her support for Bill Cosby after getting legal advice

Pluto gets its close-up

The tiny, icy dwarf planet is getting major attention thanks to its first visit by a spacecraft, NASA's New Horizons. Yesterday's flyby — with the closest approach being the approximate distance between New York and Mumbai — is expected to open up new ground on the last unexplored planetary territory in our solar system. Here's a rundown on Pluto, a 20th-century discovery about to become the 21st-century darling of astronomers. **THE ASSOCIATED PRESS**

DISCOVERY

Mythological roots

Pluto is the only planet (OK, now former planet) in our solar system discovered by an American. Astronomer Clyde Tombaugh spotted the dot in 1930. The name came from a British schoolgirl, Venetia Burney, then 11, based on the mythological god of the underworld. Tombaugh died in 1997 at age 90. Some of his ashes are on board New Horizons, and his two children, now in their 70s, were at the mission operations centre for Tuesday's celebration.

FIVE MOONS

A mini solar system

Big moon Charon was discovered in 1978, followed by little moons Nix and Hydra in 2005, Kerberos in 2011 and Styx in 2012. The Hubble Space Telescope revealed all four baby moons. Astronomers stuck to underworld undertones when it came to the names. New Horizons will hunt for more moons, but at this point, they would have to be pretty elusive. The Pluto empire, complete with six bodies, at least for now, is like its own mini solar system.

DISTANCE FROM SUN

Forget the shades

Pluto is so far from the sun — between 2.8 billion and 4.6 billion miles — that twilight reigns. At high noon on Pluto, it looks as though it would be dawn or dusk on Earth. It takes 248 years for Pluto to orbit the sun. Thus, it's only made it about one-third of the way around the sun since its discovery in 1930. Every so often, Neptune's orbit exceeds Pluto's, putting Neptune slightly farther out.

STATUS

The once (and future?) planet

Pluto is the only planet to get kicked out of the solar system club. Just seven months after New Horizons rocketed away from Cape Canaveral, Fla. in 2006, the International Astronomical Union declassified Pluto as the ninth planet for technical reasons. Instead, it became a dwarf planet. The decision left the solar system with eight full-fledged planets, with Mercury replacing Pluto as the smallest. New Horizons scientists, as well as NASA's leaders, are hoping the new pictures will restore Pluto's planet status.

SERENDIPITY

Mars legacy

In a cosmic coincidence, the Pluto flyby — the culmination of a journey spanning more than three billion miles and nine and a half years — occurred 50 years after Mariner 4's flyby of Mars that yielded the first close-up pictures of the Red Planet.

FURTHER EXPLORATION

The twilight zone

Pluto is the biggest object in the icy Kuiper Belt, also known as the third zone after the inner rocky planets and outer gaseous giants. The Kuiper Belt is full of comets and other small frosty objects. It's named after the late Dutch-American astronomer Gerard Kuiper, who proposed a bevy of small bodies beyond Neptune back in the 1950s. The New Horizons team hopes to go after a smaller Kuiper Belt object following the Pluto flyby, provided a mission extension is approved.

Steve Gow
For Metro

Ever since it was demoted to "dwarf planet" in 2006, Pluto has been due for a bit of redemption — and now it may finally get some.

Yesterday, NASA's New Horizons space probe was due to arrive at the end of the solar system, intent on grabbing the first-ever up-close images of Pluto, ending 85 years of mysterious speculation about the icy globe. Daily Planet host Dan Riskin was lucky enough to be invited into NASA's mission control in Maryland to witness the incredible feat for Pluto: First Encounter — a one-hour special chronicling the journey and history of the tiny underdog planet. Riskin spoke with Metro recently to explain why everyone should watch the special, which airs tonight on Discovery.

Why scientists are excited

"You've got to realize that while we've been going about our lives, this thing has been headed toward Pluto for nine years (and) the other thing that puts it in context is that when this thing launched, Pluto was still a planet. Pluto famously had that demotion (to) dwarf planet and there are people who wish there were still nine planets and don't like this business with eight planets with weird dwarf planets — and we get into that with the special."

> **The fact that it weighs .2 per cent of what the Earth weighs is crazy. I don't think people realize how small it is.**
> Dan Riskin

Why Riskin is excited

"That's one of the perks of this job — I get to put myself in places where I'm pinching myself. I was (there) when they landed the Curiosity Rover on Mars and that was one of the defining moments of my life.… We're going there to be with NASA as they get those first images, so we're going to see their reactions when they see the face of this planet — you can bet there are going to be tears. This is a lifelong fulfilment for a lot of these people."

Why you should be excited

"What's happening is actually a really important moment in the history of our species. This is the last of the original nine planets and we're finally getting a glimpse of it. In our lifetime, there just aren't going to be many moments like this — where we get our first look at something that we've always known about (but never seen)."

BLOODY MARY

Add some Harry to that Mary

LIQUID ASSETS

Peter Rockwell
@therealwineguy

While in Paris last month I made a pilgrimage to Harry's New York Bar. It attracts a lot of tourists thanks to its claim that, since opening in 1911, everyone from Ernest Hemingway to George Gershwin has darkened its swinging saloon doors.

I was after some liquid history. Harry's claims to have invented some of the cocktail world's most famous drinks, including the Side Car and the Bloody Mary.

Served by bartenders wearing ties and white jackets, a Harry's Mary is a true work of art that's worth every penny of its $20 price tag (at least that's what I keep telling myself).

I was curious about what vodka they used. It turned out to be Poland's Wyborowa ($21.99 – $26.40), chosen because of its forward, textured flavour that doesn't get lost amongst the mix.

As for the name, rumours are that it was inspired by either England's Queen Mary I or a waitress who worked at another bar nicknamed the Bucket of Blood.

Perks of fame: Jackman boosts fair trade coffee

DOCUMENTARY

Film follows his journey to Ethiopia and awareness

Richard Crouse
Metro | Life

The new Hugh Jackman movie could have been called Wolverine Goes to Ethiopia.

Instead, the documentary of Jackman's trip to the African country to raise awareness about the benefits of fair trade coffee and ethical consumption is called Dukale's Dream and debuted on iTunes yesterday.

The story began six years ago when Jackman and his wife Deborra-Lee Furness teamed with World Vision as ambassadors. On their first trip to Ethiopia they met a coffee farmer named Dukale, a man who would inspire them personally and professionally.

"When we met Dukale there was definitely a sense that he and Hugh had a great and immediate connection," says the film's director Josh Rothstein.

"There is just something about his personality and Hugh's personality. By default they both lead with smiles and warmth. There is something amazing about watching these two people from such different cultures just having this immediate connection. They both got a kick out of each other."

Hugh Jackman's new film documents the actor's trip to Ethiopia to raise awareness about the benefits of fair trade coffee. His connection with coffee farmer Dukale inspired him to establish Laughing Man, a company that specializes in the sale of fair trade coffee and tea. HANDOUT

The connection made with this Ethiopian farmer deepened Jackman's commitment to using his fame to raise awareness for fair trade coffee. "He's well aware he has that profile and that's part of what we document," says Rothstein, "his sense of a responsibility. Of saying, 'I have this profile, what do I want to do with it?'"

> **"I'd love to be able to look back and say the film really helped to move the needle in the space of making coffee a one hundred per cent sustainable commodity**
> Film director Josh Rothstein

Dukale's Dream is part of the mission but, as the film shows us, Jackman also put his money where his mouth is with the establishment of Laughing Man, a coffee company that only sells fair trade coffee and tea — products farmed using ecologically friendly methods and sold for the benefit of the farmer and consumer, including coffee that comes directly from Dukale's farm.

All Jackman's profits are donated to the Laughing Man Foundation, which supports educational programs, community development and entrepreneurs around the world.

Laughing Man demonstrates how consumers can be directly linked to the coffee chain to create jobs and better lives for people the world over, but Rothstein hopes the film opens eyes as well.

"I'd love to be able to look back and say the film really helped to move the needle in the space of making coffee a one hundred per cent sustainable commodity," he says.

"It has such a profound impact on global poverty and the environment. (We) can impact various industries with (our) purchase choices. That is the larger agenda. I think it is possible and I think there is something contagious about the idea that in our everyday lives we have power."

ESPY AWARDS

McHale steps up to plate, defends Caitlyn Jenner

Joel McHale has landed the ultimate gig for a serious sports fan: hosting the ESPY Awards.

The actor won't be shy about taking aim at the athletes he idolizes when he presides over the annual show honouring the year's best sports moments.

And that includes Caitlyn Jenner, who will accept the Arthur Ashe Courage Award.

McHale has perfected skewering pop culture and reality TV as host of The Soup on E! for 11 years. So hosting the ESPYs isn't much of a stretch.

The show airs live tonight on ABC for the first time after 22 years on sister network ESPN.

"Everybody is open to have jokes about them if I'm there," he said recently. While still in the early stages of planning and writing the show, which will be held at the Microsoft Theater, McHale said he had free rein from the network.

"All I care about is if the jokes are funny," he said.

Jenner's children from three marriages are expected to be on hand, including the Kardashian clan. Her selection to receive the Ashe Award, named for the late tennis player who died in 1993 after contracting AIDS from a blood transfusion, generated strong debate online.

Said McHale: "You can't deny in the '70s that Bruce Jenner was the biggest, most famous athlete in America next to Muhammad Ali. Sheer athletic accomplishment definitely deserves that award."

THE ASSOCIATED PRESS

Joel McHale will host the 2015 ESPY Awards. AP

ENVIRONMENT

Make the most of your daily grind

NUTRI-BITES

Theresa Albert
myfriendinfood.com

Home pod brewers have taken over the universe and the landfills. The recent news that K-Cup makers are bringing back the My K-Cup may or may not have anything to do with customers having "passion for" brewing their preferred bagged coffee. It may indeed have to do with the cost and the waste.

We all feel badly about tossing these disks in the trash but is there anything new you can do with the detritus of your addiction to easy caffeine?

- All of the used coffee within pods can be opened and dumped into your green bin.
- Raw grounds can be sprinkled in your garden but only around acid-loving plants like azaleas and blueberry bushes.
- There are compostable K-Cup varieties available.
- Keurig commits to making all pods recyclable by 2020.
- Tassimo brand now has a recycling program that offers pickup programs or drop-off spots across the country.
- Switch back to French Press. It delivers more bang for your financial and nutritional buck. The longer the beans stay in contact with the water, the more flavour and nutrients they transfer.

We are living in a time when a cup of coffee is so much more than a cup of coffee. The taste of it is only the tip of the iceberg. Was it ethically and ecologically grown? Were the farmers fairly paid? How was it shipped and packaged? And what do you do with the waste?

Theresa is an on-camera food and health expert, nutritionist and writer who loves to spread the word on food.

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metro DRIVE

Your essential daily news

The U.S. will be home to 92 million connected cars by 2019: Research

A fun, refined electric option

ROAD TESTED

THE CHECKLIST | 2015 FORD FOCUS ELECTRIC

THE BASICS

Type. Compact, five-door, FWD, hatchback.
Power. 107 kW (143 horsepower) electric motor fed by 23.0 kWh lithium-ion battery.
Transmission. Single-speed automatic.
Price. Base $32,505 (plus destination).

MIKE GOETZ/FOR METRO

POINTS

- 135 km/h top speed, with an approximate range of 120 kilometres on a full charge.
- Lower pricing and higher content for 2015; also eligible for provincial EV incentives.
- Very quiet and refined road manners.

COOL FEATURES

- Remote and programmable charging to leverage less expensive electricity rate periods.
- Premium Sony sound system, Ford Sync, Ford MyTouch, and voice-activated navigation.
- Seat cushions made of 100 per cent recycled content.

MARKET POSITION

- Targeted at entry-level section of EV market, currently dominated by Nissan Leaf.
- Appealing to first-time EV users desiring "regular" car looks and driving dynamics.
- Optioned and equipped at the high end of the Focus scale.

THE COMPETITION

Nissan Leaf
Base price: $31,998

Kia Soul EV
Base price: $34,995

Mitsubishi i-MiEV
Base price: $27,998

REVIEW

Compromised range, trunk mar solid Ford Focus

Mike Goetz
Metro | Canada

The Ford Focus Electric is an ideal electric vehicle (EV) for those who want to ease into the electrical revolution.

It is based on, and looks identical to, the gas-powered Focus five-door hatchback.

Driving feel also leans toward what petroleum users know and love.

The C-platform it shares with all Focus models makes Focus Electric a bit heavier than the Nissan Leaf platform, which was conceived exclusively for EV use. The extra weight meant Ford also had to go with a bigger battery, which added even more weight. Net result: The EV has a credible, though not great, 120-kilometre range.

Also biting into range is a cooling and heating system for the battery, and an air-conditioning system that seems to have a big appetite for electricity.

The motor is hooked up to a single-speed transmission, which makes the super smooth electrical experience even smoother.

The overall effect is a solid and secure-feeling small car, with the quiet refinement and initial acceleration launch of a big V8 or V6-powered sedan. At higher speeds the motor's limitations show up, but around town, it's a winner.

A high level of content furthers the upscale feeling. This thing's got everything: high-end stereo and navigation that responds to voice commands, backup camera, SiriusXM, Wi-Fi, 17-inch aluminum wheels, leather trim, and SmartGauge with EcoGuide instrument cluster.

The latter helps you manage your charging and coaches you to drive in a manner to get the most out of your charge. One of the things it does is display flying butterflies when you're doing well. A bit cute, but anything that's so visually easy to take in actually does work. Otherwise, you need to apply yourself to learn all the charging options, and learn the Ford MyTouch system, which is not state-of-the-art intuitive.

The rear seats are just as accommodating at those found in regular Focus models, but the big battery seriously compromises the cargo area.

My daily commute is not long, but I do have one, and this Focus completed it all week, with some errand running, on one, overnight charge. And it did all its electrical magic with a very "natural" feel that didn't need a lot of emotional adjustment on my part.

DRIVING FORCE

Drivers should heed signs of drowsiness

Jil McIntosh
For Metro

All drivers know they shouldn't drink and drive, but not everyone realizes that being sleepy can be just as dangerous. If you're drowsy behind the wheel, your steering and reaction time can potentially be just as poor as if you're intoxicated.

"You can lose your ability to see signs, to see clearly, or to make effective decisions," says Teresa Di Felice, director of driver training for CAA South Central Ontario. "A lot of things are happening on the road, and you might not respond in a timely manner to road conditions and driving."

A report by Canada's Traffic Injury Research Foundation found that an estimated 26 per cent of all crashes involving injury or death are due to driver fatigue. Another survey also found that about 60 per cent of Canadian drivers admitted to occasionally driving when they were too tired, while 15 per cent said they had fallen asleep behind the wheel.

Time to pull over

Some of the danger signs include difficulty focusing or keeping your eyes open; excessive yawning or blinking; missing traffic signs or exits, or not remembering the last few kilometres you've driven; having wandering or disconnected thoughts; drifting out of your lane; feeling restless or irritable; tailgating or hitting the brakes for no reason; or having trouble keeping your head up.

"People just want to get to where they're going, and they say they're not going to stop," Di Felice says.

"If you're on a highway and it's a monotonous drive, it can (put you) in the mode of being drowsy because you're not as visually stimulated. And everyone's so busy and there's lack of sleep. If you're falling below that seven to nine hours of recommended sleep for adults, or eight and a half to 10 for teenagers, your mind and body will be tired," Di Felice adds.

Brake for breaks

On a long drive, it's recommended that you stop roughly every two hours for a 10-minute break, which you should spend walking around the car and perhaps getting a caffeinated drink or something light to eat, such as a piece of fruit.

If you find you're just too tired and don't have anyone who can take the wheel, find a safe place to pull over and nap in the vehicle for 20 to 40 minutes.

Drowsiness can often be more of a problem when you're closer to home, since the area is familiar and you're not paying as much attention. You're also less likely to consider pulling over for a rest if your destination isn't far away, but if you're tired, resist the temptation to push through, and take a break to stay safe.

Meet the new Shelby GT350

It's not often an engine nearly overshadows the car it's going into, but the new 5.2-litre V8 with a 'flat-plane' crankshaft will be exclusive to the 2016 Ford Mustang Shelby GT350 and the track-focused GT350R. **JEFF MELNYCHUK** WHEELBASE MEDIA

1 A grilling
This "forged carbon fibre" grille-opening beam is one example of adding strength while reducing weight.

2 Iron works
Ford says iron works better than more expensive carbon-ceramic and has gone with 15.5-inch iron brake rotors on the front.

3 Body check
The car features a sloped and lowered aluminum hood, wider fenders with extractors to smooth turbulent air from the front wheels, and a ducted belly pan underneath for downforce.

4 Inside
Dashboard readouts show lap times, acceleration and braking stats, and a G Meter. The software includes launch control, which adjusts engine speed.

5 For wheel
The 19-inch wheels and Michelin Super Sport tires are considered the best for dry grip.

FORD

Content is king in older Kia Optimas

USED VEHICLE

Iffy steering response may affect 2011-2014 models

A heavily revised version of the popular Kia Optima is hitting the market, moving the recent full generation of the stylish four-door into used-vehicle territory.

Launched in 2011 with standout looks that set it apart, this value-based sedan was set on showing off the Korean brand's styling capabilities.

Potential buyers of a used model should run the navigation, Bluetooth, chilled seats, heated steering wheel, panoramic sunroof, and all steering-wheel mounted controls through their paces several times to confirm proper functionality.

Numerous owners have complained of a difficulty in keeping the Optima centred in their lane at highway speeds. The problem looks to stem from the lazy and loose calibration of the steering system. Some owners have had the dealership reprogram the steering system to be "stiffer" as a fix. Note a bad alignment, typically evidenced by uneven wear across the treads of the tires, could also result in vague steering feel. On a test drive, spend quality time with your Optima candidate at highway speeds to confirm you're OK with the steering feel and response.

Note any sporadic performance, surging or sluggishness from the engine at light, moderate and full throttle, which could be evidence of a bad high pressure fuel pump. Having a technician scan the ECU can reveal problems with this component, so be sure to have it checked out.

Note any clumsiness, hard shifting or hesitation from the automatic transmission. An out-of-spec transmission fluid temperature sensor can cause issues, and the problem is well documented in the owners' community. This issue is electronic, not mechanical in nature — though it should be addressed, likely via Technical Service Bulletin TRANS 043, which specified the installation of a revised sensor.

Other complaints are fairly minor, such as squeaky seats, a remote keyless ignition system that can lose its memory if the battery gets too low, and a push-button ignition switch that fails to start the engine quickly. JUSTIN PRITCHARD

JUSTIN PRITCHARD FOR METRO

Engines

Most used models will pack a 2.4-litre four-cylinder with 200 horsepower and a six-speed automatic. A six-speed manual was available in basic Optima models. A 2-litre turbo engine was available on Optima SX Turbo models, with 274 horsepower and an automatic transmission. All units were front-wheel drive.

Features

Optima was available with a plethora of trim grades and packages for a range of needs. Go for a top-line model and you'll get a panoramic sunroof, climate controlled seats, heated steering wheel, premium audio system with multimedia hub, push-button start, xenon lights, navigation, automatic everything and plenty more.

The verdict

Most common issues are well documented and easily diagnosed and repaired, and Kia's lengthy warranty means shoppers should have no problems finding a model with remaining coverage.

Check out some of the reasons why Nissan is

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Special Delivery: fortwo ED

What test car is Garry bringing us this week? We literally have no clue until it lands in our driveway, but who are we to doubt Garry Sowerby, who has a bazillion Guinness records for around-the-world driving? That's a bazillion more than we have, after all. Come along for the ride as we deliver real-life, no-glam reviews.

JEFF MELNYCHUK WHEELBASE MEDIA

Arriving on trailer. Oh, the irony of it all. Mr. ED. WHEELBASE MEDIA PHOTOS

"ED" means electric drive, but Garry and I call it *Mister* ED.

The comparison to a horse is natural because, well, the smart fortwo ED arrived in, basically, a horse trailer. If the idea of an electric car is to save money on gas and also to not pollute, then it is perhaps ironic that the lunchbox-sized battery-powered car showed up in a 24-foot trailer, strapped to the back of a diesel-powered Chevrolet HD pickup.

"What was your fuel economy, Garry?"

He just smirks.

The reason Mr. ED had to be transported in a trailer is because the advertised range is about half of what it needs to be to get from Garry's swanky chateau to my humble doorstep: 135 kilometres versus 260. Had Garry tried to drive Mr. ED, he would have had to find a power cord at exactly the half-way point in the trip and spend the next 20 or so hours (at 110 volts) twiddling his thumbs waiting for Mr. ED to top up.

Well, what's the use in that, you might think, and you would be completely justified in your "smart" comments. Like every other niche vehicle, you'll have to decide if Mr. ED suits your lifestyle and meets your needs. The unfortunate part is that in addition to the usual smart fortwo compromise in drive/ride quality, cargo room, payload and passenger space, Mr. ED doesn't have much range, either, which relegates the car to running errands. Oh, and it costs a fair chunk: $27,500 as tested (a "normal" smart for. two is about $18,000 to start).

And that electricity, while cheaper than gas, certainly isn't free. Mr. ED is rated at the equivalent of 1.9 l/100 km in the city and 2.5 on the highway. In this respect, if you bought a Honda Civic, you would never use enough gas to justify the extra cost of Mr. ED, and you would have a much more capable set of wheels in the Civic.

So, why bother? Well, that's an excellent question with the only apparent answer being that it speaks to some people, just like a Harley-Davidson motorcycle, which can cost as much or more than this, also speaks to some people.

Hey, there's actually room in here.

Thirty-eight kilometres left? Much less with a heavy foot.

Like a Harley, Mr. ED is not for everyone and it can't be used to do everything.

However, it is ridiculously cute. People actually stop to take pictures of it. They want to pinch its cheeks. They want to sit in it and they are curious and ask a ton of questions, about things like how it drives.

Quiet and kind of fun, actually, but not so great on bumpy roads and the short range means it's plugged in pretty much all the time when it's not being driven. The problem with that, aside from the tedium of the electric leash, is because you can't use an extension cord, Mr. ED has to occupy the same spot near an outlet. For multi-car households, this game of musical cars can be a huge pain.

The upside is manoeuvrability and the fact it can turn and park on a dime, just like the real Mr. Ed.

As a runabout, the smart fortwo Electric Drive definitely has its pluses, but do they outweigh the very obvious "short"comings? Not for my 27.5 grand, but I'll continue to ride Mr. ED as long as it's here in the corral.

LET'S TALK

WOW: Bigger inside than you would think; peppy up to about 50 km/h; cute, cute, cute; fits just about anywhere.

View from the back.

HMM: Beyond the obvious? Careful planning of longer trips and constantly dragging out the charging gear; interior materials are so-so; big doors require a mighty slam; you'll allow way too much room when parking.

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AUTO NEWS MIAMI VICE FERRARI UP FOR AUCTION IN AUGUST

The 1986 Ferrari Testarossa from Miami Vice. WILLIAM STERN, COURTESY OF MECUM AUCTIONS

The 1986 Ferrari Testarossa used in the classic '80s cop show Miami Vice will be going under the hammer at the Mecum Daytime Auction in Monterey, Calif., on Aug. 15. The star of Miami Vice wasn't Don Johnson or Philip Michael Thomas, it was the bright white Ferrari Testarossa the undercover cops used to chase down drug dealers and other miscreants. The car has been sitting in storage since the show finished in 1989 and was only unpacked earlier this year for a full engine-out service. It has 25,949 kilometres on the clock and has been authenticated by Ferrari Classiche. Mecum has yet to place an estimate on the car, but a standard, immaculate Testarossa can fetch more than $150,000 at auction. For a car as iconic as this, however, the figure could be 10 times higher. AFP

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New Alpine to feature up to 300hp

NEW CARS

Renault to resurrect sporty brand

Renault is to relaunch an Alpine program, with plans to release a first model by the end of 2016, probably inspired by the Célébration show-car.

Presented at Le Mans in France ahead of the prestigious 24-hour race last month, and then at Goodwood in England during the Festival of Speed, the Alpine Célébration bills itself as a sporty two-seater coupe in the spirit of the old competition Alpines.

The car stands out thanks to its relatively low profile, sloping, creased hood, sculpted sides, distinctive rear window and other design details, all clear echoes of models like the A110 that have featured so prominently in Alpine's glorious history.

According to industry press, the new car foreshadows a future production model that will likely have a four-cylinder 1.8-litre gas engine pushing out between 250 and 300hp and with a total weight of about 1.2 tonnes.

This new Alpine could even roll out with different power units for different versions, making it a direct rival to cars such as the Alfa Romeo 4C and the Lotus Elise.

The first model, in the spirit of the A110, could make its first appearance at the 2016 Paris Auto Show and be commercialized shortly thereafter. Other Alpine projects are also supposedly in the works, including an SUV.

Founded in 1955 by Jean Rédélé, a manufacturer of racing and sports cars that used rear-mounted Renault engines, Alpine merged with Renault in 1965. Beyond its production cars, the brand made a name for itself in rallying, where it won the constructor's championship in 1973, and also at the 24 Hours of Le Mans, where the Renault Alpine dominated the race in 1978.

Though the brand closed shop in 1995, the Alpine name made a comeback in 2013 in endurance racing. AFP

The Alpine Célébration takes the spotlight June 13 at the 24 Hours of Le Mans race in France. FRÉDÉRIC LE FLOC'H /DPPI

FUEL EFFICIENCY

Honda sets record

Two members of Honda's research and development team have managed to achieve an average fuel economy of 100.31mpg (2.8l/100 kilometres) during a drive across Europe in a standard, diesel-powered Honda Civic Tourer.

The accomplishment marks a new Guinness World Record for Lowest Fuel Consumption — All 24 Contiguous EU Countries.

The journey, which started in Aalst, Belgium, saw the car travel clockwise through each of the 24 contiguous EU countries and cover 13,497.57 kilometres in 25 days.

As well as averaging 100.31mpg — a 25 per cent increase on the car's officially quoted fuel efficiency (74.3mpg) — the Civic Tourer also averaged 1,500 kilometres on a tank of fuel, meaning there were only nine refuelling stops in total. AFP

metro SPORTS
Your essential daily news

Halifax gymnast Ellie Black won her third medal of the Games, taking bronze in the women's vault

Paddlers pad gold-medal tally

PAN AM 2015

Canadian rowers add handful of top finishes

A large contingent of family and friends braved the rain to watch local rower Carling Zeeman dominate the competition.

Zeeman won the women's single sculls race at the Pan American Games on Tuesday, finishing more than seven seconds ahead of her closest competitor.

"It's kind of a special moment for me," she said. "And it really touches me that everyone is coming out to watch. It is a rainy day but it's certainly not dampening any spirits at the finish line. The momentum they have going down there is just, it's unbelievable. I love it. It just adds to the fun of racing."

That win set the stage for another huge day for Canadian rowers at the Royal Henley course in St. Catharines, Ont., Canada won three rowing gold medals to increase its total to seven — five golds and two bronze — with one more day of racing to go.

It was also another multi-medal day for Canada's paddlers competing a few kilometres down the highway at the Welland Flatwater Centre.

Zeeman, from nearby Cambridge, Ont., kicked things off for the rowers, winning the women's sculls in seven minutes 30.86 seconds, easily outdistancing Katherine McFetridge of the United States.

"It was my plan to go out hard and stay out in front," she said.

That victory was followed with a gold medal in the women's lightweight double sculls by Victoria's Liz Fenje and Katherine Sauks of Owen Sound, Ont.

Fenje and Sauks won with a time of 6:57.23. The held off a late charge from the Cubans, who took silver in 7:00.36.

"We actually didn't have the greatest first couple of strokes in our race, but suddenly we just locked into it and felt ourselves pulling away," said Sauks.

Jason McCoombs of Dartmouth, N.S., added a silver in the C-1 200 metres, while Michelle Russell of Fall River, N.S., won silver in the women's K-1 200.

Canada finished the day of racing by winning the men's quad sculls.

Matthew Buie of Duntroon, Ont., Julien Bahain of Sherbrooke, Que., Will Dean of Kelowna, B.C. and Rob Gibson of Kingston, Ont., also led the race and won with a time of 5:42.22 seconds.

"Going out right off the start we wanted to get a solid lead because we knew once we came down here (the midway at Henley Island) it could get pretty rough and it's really hard to come back from behind in this rough water," Buie said.

In Welland, Mark de Jonge of Halifax and Laurence Vincent Lapointe of Trois-Rivieres, Que., led the medal rush with golds.

De Jonge captured gold in the K-1 200 metres, and has his sights set on the top of the medal podium at next year's Rio Olympics.

"We were training pretty hard last week and didn't have that taper going into this as much as we would for worlds," de Jonge said. "But you just have to deal with it, the long-term goal is qualifying for the Olympics, and ultimately win a gold medal at the Olympics."

Vincent Lapointe dominated the women's C-1 200 in the event's Pan Am Games debut, roaring to gold by a margin of more than two seconds.

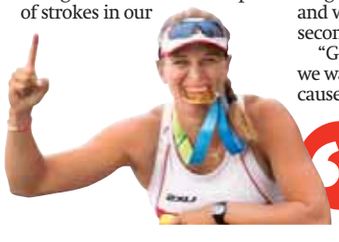
"I was tired at the end, but I said to myself, 'This is the Pan Am (Games), I can't give up," she said. "I gave my all for Canada."

De Jonge and Pierre-Luc Poulin of Lac-Beauport, Que., also earned a bronze in the men's K-2 200 metres, earning a tie with Brazil. THE CANADIAN PRESS

Mark de Jonge of Halifax captured gold in the K-1 200 metres in Welland, Ont., on Tuesday. AARON LYNETT/THE CANADIAN PRESS

5

Canada's canoeists and kayakers won five medals Tuesday, including two gold, giving the host country 10 overall in sprint events.



"It is a rainy day but it's certainly not dampening any spirits at the finish line.
Carling Zeeman

SWIMMING

'Pegger picks up gold

Winnipeg's Chantal van Landeghem beat decorated American swimmer Natalie Coughlin on Tuesday to win the gold medal in the women's 100-metre freestyle at the Pan American Games.

Van Landeghem claimed Canada's first swimming medal of the Games in 53.83 seconds to set a new Pan Am record.

Coughlin took silver in 54.06 seconds.

Arianna Vanderpool-Wallace of the Bahamas finished third in 54.15.

THE CANADIAN PRESS

Chantal van Landeghem
FRANK GUNN/THE CANADIAN PRESS

Go to metronews.ca for more Pan Am coverage

MLB commish wary of shortening season

BASEBALL

Easing schedule for players a 'major, major economic issue'

Cutting the length of Major League Baseball's regular-season schedule could be tied to reconfiguring the post-season.

Baseball players are increasingly complaining of the toll of playing 162 games in 183 days. The schedule was 154 games before the AL added eight games when it expanded in 1961, and the National League adopted the new format when it added two teams for the 1962 season.

"A shortened schedule is a major, major economic issue," commissioner Rob Manfred told the Baseball Writers' Association of America on Tuesday.

"We sell out in a lot of markets in terms of gates. The gates are really valuable to us. We have television commitments. Each local contract varies, but there are game guarantees that could be affected by a shortened season."

Baseball's national television contracts run through the 2021 season and are based on the current format. Local broadcast deals would be impacted by a schedule change.

"Usually when you have a big economic issue where you're giving up revenue, you've got to figure out something that is offsetting in the other direction," Manfred said. "The one obvious possibility is you make a change in terms of playoff format. I'm not suggesting that we're anywhere on either of those topics, but I do think if you shorten the season, there would be pressure to look at the post-season, as well." THE ASSOCIATED PRESS

CBA FODDER?

Reconfiguring the post-season is one issue expected to come up in 2016 MLB collective bargaining.

Fans may get their best-of-three wild-card series if MLB goes to a shorter schedule someday — perhaps after 2016 collective bargaining. It would be one way to offset revenue losses from the regular season.

MLB STARS SQUARE OFF IN CINCINNATI Toronto Blue Jays American League all-stars Josh Donaldson and Russell Martin leave the field prior to the start of the all-star game on Tuesday night in Cincinnati. Go to metronews.ca for coverage of the Midsummer Classic. JOHN MINCHILLO/THE ASSOCIATED PRESS

GOLD CUP

Klinsmann shakes up scuffling U.S. side

Jurgen Klinsmann spouted optimism after the United States played Panama to a 1-1 draw to wrap up the group stage of the Gold Cup, reasoning that despite a trio of sluggish performances the Americans had still survived unbeaten.

That didn't stop Klinsmann from shaking up his roster less than 24 hours later.

The coach chose to add DaMarcus Beasley, Joe Corona and Alan Gordon for the knockout rounds, which begin with the quarter-finals Saturday in Baltimore. Taking a seat are Greg Garza, Alfredo Morales and Jozy Altidore, who has been hampered by an ailing hamstring.

Teams could make up to six roster changes using their 35-player preliminary list.

Altidore started the first two games in the group stage but was substituted out of both. He was left on the bench against Panama on Monday night.

"We believe that Jozy's just not there yet. Jozy never really got into this tournament and never really picked up the rhythm," Klinsmann said in announcing the changes Tuesday. "He's just simply not in the shape right now to help us."

Jozy Altidore GETTY IMAGES

Klinsmann said he knew that Toronto FC's Altidore might not be match fit when he selected him for the Gold Cup, and that's why Gordon was on standby from the beginning. The Los Angeles Galaxy striker will make his 2015 debut for the national team after playing in the Gold Cup two years ago.

The U.S. finished 2-0-1 atop Group A, though the unblemished run wasn't without stress. The Americans scuffled to a 2-1 victory over Honduras and needed a big play from Clint Dempsey for a 1-0 victory over Haiti. THE ASSOCIATED PRESS

Go to metronews.ca for coverage of Canada's match against Costa Rica on Tuedsay night.

NHL IN BRIEF

Bournival back with Habs

Forward Michael Bournival agreed to a one-year, two-way contract with the Montreal Canadiens on Tuesday.

The 23-year-old Bournival played 29 games with the Canadiens in 2014-15 with three goals and two assists. He was a plus-3 with just four penalty minutes.

Bournival had three goals and six assists in 12 games with the American Hockey League's Hamilton Bulldogs, with a plus-4 defensive rating. THE CANADIAN PRESS

Devils hang on to Gelinas

The New Jersey Devils have re-signed defenceman Eric Gelinas to a two-year, $3.15-million US contract.

Devils general manager Ray Shero announced the signing on Tuesday. The team had maintained its rights to the restricted free agent by making a qualifying offer late last month.

Gelinas led all New Jersey defencemen with six goals, playing in a career-high 61 games last season. He finished tied for third among all NHL rookie defencemen with seven goals and 22 assists in 60 appearances the previous season. THE ASSOCIATED PRESS

Rangers sign up RFA duo

The New York Rangers have signed restricted free agent forwards Emerson Etem and Oscar Lindberg.

General manager Jeff Gorton announced the moves on Tuesday.

The 23-year-old Etem was acquired after the season from Anaheim in a trade for Carl Hagelin and draft picks.

Etem had five goals and five assists in 45 games for the Anaheim. He also had three goals in 12 post-season games. The California native has 15 career goals and 16 assists. THE ASSOCIATED PRESS

TOUR DE FRANCE

Froome lands Stage 10 'hammer blow'

Chris Froome used the first high-mountain stage of this year's Tour de France to take control of the race, powering up a punishing climb in the Pyrenees on Tuesday at a pace none of his rivals could match.

Froome and his Sky teammates killed off the hopes of one contender after another, including 2014 winner Vincenzo Nibali, the first of the big favourites to crack on the final ascent of Stage 10 to the ski station of La Pierre-Saint-Martin.

As Sky led the way, with three support riders strung out in front of Froome to tug him up the gradients, the lead group shrunk to less than a dozen of the hardiest climbers. Alberto Contador, the 2007 and 2009 winner, was the next former champion to wilt as Sky rider Richie Porte generated another burst of speed.

With six kilometres to go, on some of the steepest sections, Froome tore away alone, out of the saddle as he accelerated. The last rider to stay with him, 2013 runner-up Nairo Quintana, couldn't respond and finished third behind Froome and Porte.

"Froome has landed a hammer blow on the Tour," said Nibali, the Astana team leader. "I have no more to give. I'm not even the younger brother of the Nibali from last year." THE ASSOCIATED PRESS

Chris Froome crosses the finish line on Tuesday between Tarbes and La Pierre-Saint-Martin. GETTY IMAGES

ARMSTRONG'S TWO CENTS

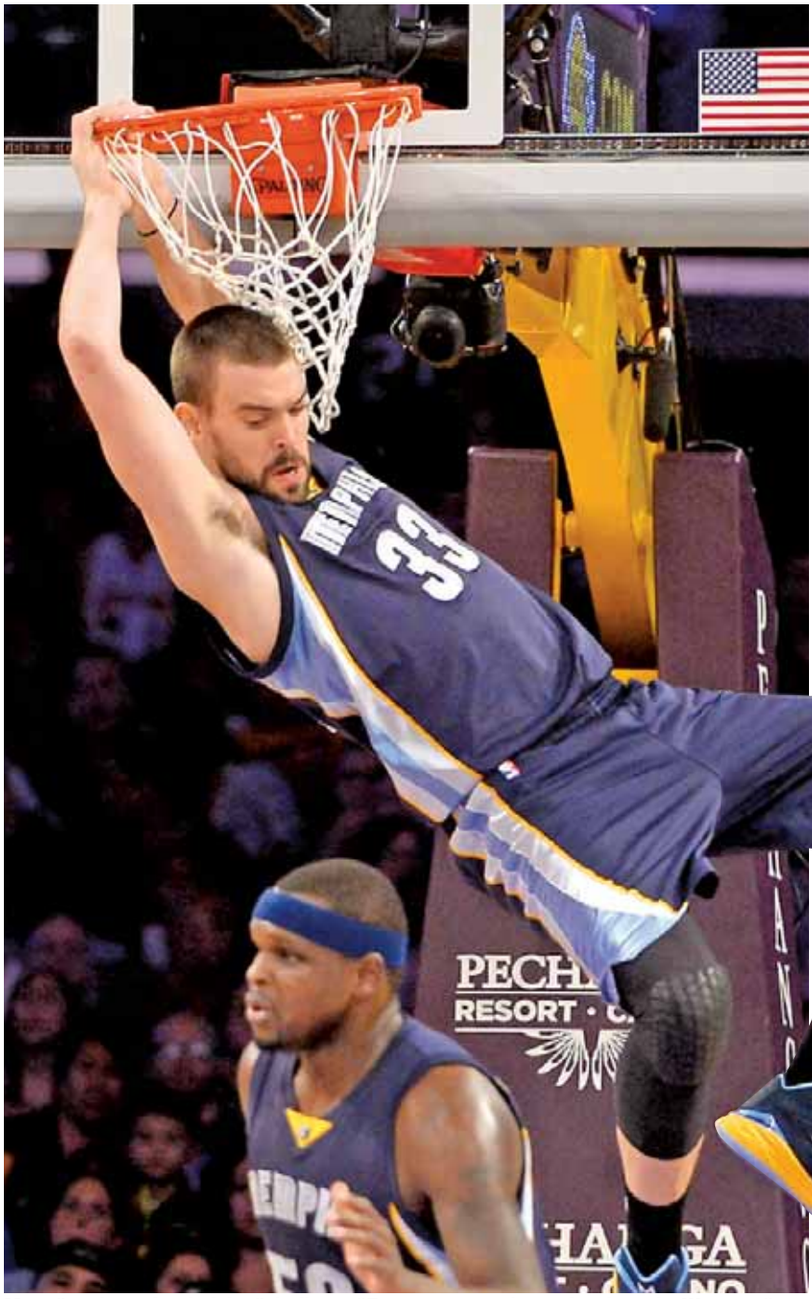
Lance Armstrong took notice of Chris Froome's big day and spoke out on Twitter.

"Getting lots of questions regarding today's first mountain stage..." and "Clearly Froome/Porte/Sky are very strong. Too strong to be clean? Don't ask me, I have no clue," Armstrong wrote.

It was a provocative question from a rider who was wiped from the record books for using PEDs. Critics swiftly noted his past cheating.

"I'm not accusing anyone," Armstrong quickly responded. "In fact, quite the opposite. I'm not interested (nor do I have the credibility) to opine there." THE ASSOCIATED PRESS

Grizzlies sign $100M man



Marc Gasol, top, has led the Grizzlies to 27 post-season wins and a trip to the Western Conference final in 2013. GETTY IMAGES FILE

NBA

Marc Gasol stays put in Memphis with five-year deal

All-star centre Marc Gasol says he's sorry if Grizzlies' fans worried over how long it took to learn that he wasn't leaving Memphis. There was never reason to fret, though.

Gasol said Tuesday he already knew he wasn't going anywhere else.

"Once the dust settled and I started thinking about the process of next season, every scenario would bring me back to Memphis," he said. "It never opened up to different teams. So, actually, it was pretty easy."

The seven-foot-one Spaniard spoke Tuesday at a news conference that was much more a celebration with fans packing the lobby of the Grizzlies' arena a day after Gasol signed his five-year contract. Although the Grizzlies didn't release terms of the deal, The Associated Press previously reported Gasol agreed to a five-year maximum contract worth more than $100 million.

Gasol says he needed to reflect after the season ended, but told Grizzlies owner Robert Pera over dinner July 1 in Spain he would remain with Memphis. He was unaware that the delay in his signing was causing consternation for Grizzlies fans. He said "things in Spain take a little longer."

> **"We have the best centre in the NBA. And nobody will have him going forward for quite some time.**
> Grizzlies GM Chris Wallace

Meanwhile, Grizzlies fans waited and worried, expression their concern on sports talk shows.

Unaware of the hand-wringing, Gasol did see a video by director Craig Brewer of Memphis urging the centre to return, and the centre called the work "emotional." The piece featured Justin Timberlake, a minority owner from the Memphis area, fans and teammates, including point guard Mike Conley, whose own long-term commitment was a major factor in Gasol's decision.

"That kind of sealed the deal," Gasol said of the guard considered his best friend on the team.

Hundreds of fans and supporters turned out Tuesday and cheered when Gasol entered the news conference. General manager Chris Wallace pointed out the franchise never won a playoff game before Gasol arrived. Now, the Grizzlies have 27 post-season victories, including a trip to the 2013 Western Conference final. Two of those wins came in the Western semifinals before Memphis was ousted 4-2 by the eventual champion Golden State Warriors.

"This is a great day to be a Memphian and a Grizzly," Wallace said, "as Marc Gasol's long time presence on our team is now assured."

Fan Kyle Taylor held an illustration with Gasol in matador regalia, a banner saying "Big Spain" above his head and his cape as the Tennessee state flag.

"He's like a local superhero," Taylor said before Gasol signed the drawing. "The fact that he's insanely tall helps."

Gasol sheepishly smiled through all of the attention.

"To see all the attention is too much for me," Gasol said. "I don't deserve all this love that you guys have given me. At the end of the day, it's not about me. It's about making you guys proud."

THE ASSOCIATED PRESS

PER-GAME AVERAGES

	FG%	Reb	Ast	TO	Stl	Blk	Pts
2014-15	49.4	7.8	3.8	2.2	0.9	1.6	17.4
Career	50.9	7.9	3.0	2.0	0.9	1.6	14.1

NBA

Stoudemire joins Heat five years later

Amare Stoudemire got recruited by the Miami Heat in 2010.

It's paying off, five years later.

One of the reasons why Stoudemire and the Heat struck a deal this summer was because of what was said when Miami was the first team to visit him during the wild free-agent summer five years ago. Both sides went in opposite directions then, but are finally together now after Stoudemire signed a one-year contract.

19.8

Stoudemire has averaged 19.8 points per game over 13 seasons in the NBA

The six-time all-star power forward/centre averaged 11.5 points in only 21 minutes last season.

The Heat, with Chris Bosh and Hassan Whiteside in the frontcourt, probably won't ask Stoudemire to start much. THE ASSOCIATED PRESS

IN BRIEF

Thunder trade Jones to Celts

The Boston Celtics acquired forward Perry Jones III from the Oklahoma City Thunder on Tuesday along with a second-round draft pick and cash. The Celtics will send the Thunder a conditional second-round pick. Boston gets the 2019 second-rounder Oklahoma City had acquired from the Detroit Pistons.

Jones played 43 games last season and averaged 4.3 points and 1.8 rebounds in 14.7 minutes a game.

THE ASSOCIATED PRESS

Nuggets' Lawson booked for a second DUI this year

Denver Nuggets point guard Ty Lawson has been arrested in Los Angeles on suspicion of driving under the influence of alcohol — his second DUI arrest this year.

California Highway Patrol Officer Jennifer Cassidy says Lawson was driving at a high rate of speed before being pulled over around 2 a.m. Tuesday on state Route 101 in Hollywood.

Lawson was arrested on suspicion of DUI last January in Denver. THE ASSOCIATED PRESS

DRUNK-DRIVING ARREST

Lab tests: McNabb well over legal limit

Former NFL quarterback Donovan McNabb had a blood-alcohol level that was more than twice the legal limit when he was arrested on suspicion of DUI in Arizona last month, police said Tuesday.

Police in the Phoenix suburb of Gilbert said lab tests show McNabb's blood-alcohol level was 0.17. The legal limit in Arizona is .08 and anything 0.15 or higher qualifies as extreme DUI.

It was the second DUI arrest for McNabb in 18 months. He served a day in jail after pleading guilty to a misdemeanour DUI charge resulting from a Dec. 15, 2013, arrest.

Donovan McNabb GETTY IMAGES

He also was ordered to pay a fine of nearly $1,500 and enter an outpatient treatment program in Scottsdale. THE ASSOCIATED PRESS

Fowler keen to close gap on McIlroy, Spieth

BRITISH OPEN

First major win would bring him nearer to McIlroy, Spieth

American Rickie Fowler practises Tuesday ahead of the 144th British Open Championship. STREETER LECKA/GETTY IMAGES

Rickie Fowler is more than just a brand. He showed that a year ago with top-five finishes at all four majors. He shook off the label of underachiever with a dazzling victory at The Players Championship. Then, just last weekend, he ripped up the links to win the Scottish Open.

No wonder Fowler keeps getting thrown into the mix when people discuss the budding rivalry between Jordan Spieth and Rory McIlroy. "We've already got the big two," said no less an authority than Nick Faldo, a six-time major champion. "If you want, put Rickie in there as well."

High praise, indeed.

Yet, there's still a nagging sense that Fowler needs a bit more substance to go with all the hype. Six years after he arrived on the PGA Tour with a head full of unruly hair and a big endorsement deal, he has yet to capture a truly signature win, the sort of triumph that would stamp him as a full-fledged rival to his fellow 20-somethings.

"A good start would be to become a major champion," Fowler said Tuesday, a blunt affirmation of what almost everyone in the British Open interview room was already thinking.

McIlroy, who is about five months younger than the 26-year-old Fowler, already has four major titles and needs only the Masters to complete a career Grand Slam. Spieth, just 21, captured the first two majors this season and arrived at St. Andrews looking to take another step toward becoming the first player to win the modern Grand Slam.

"Jordan has been playing amazing golf, and Rory has been doing that for quite some time," Fowler said. "I do have some work to do. I need to continue winning. I think that's the biggest thing: putting myself in position to win."

Fowler has certainly been a contender in golf's biggest events, though the momentum from his Players' win was tempered when he missed the cut at last month's U.S. Open, his hopes effectively dashed when he opened with an 81 at Chambers Bay.

After a couple of weeks off, he turned his attention to Scotland. In no time at all, he felt as though his game was back to where he wanted it to be. "It was nice to kind of quickly put that (U.S. Open) behind me," Fowler said.

Five years ago, he made his British Open debut at the Old Course. The first day was brutal — a 79 that left him primarily focused on making the cut — but he bounced back with a pair of 67s sandwiched around a 71, leaving him in a tie for 14th place.

> **I do have some work to do. I need to continue winning.**
> Rickie Fowler

Ever since, he's been confident of his chances on a links course. He tied for fifth at the 2011 Open, and last year he finished two shots behind McIlroy at Royal Liverpool, claiming the runner-up spot along with Sergio Garcia.

"When I believed that I could really win over here was after my stellar start of 79 my first time out at St. Andrews," Fowler recalled. "Outside of that first round, I really would've had a chance to be in contention."

Aided by coach Butch Harmon, Fowler has largely tailored his preparations around the majors, a philosophy that clearly seems to be working but has yet to pay off with a title. It seems only a matter of time.

He won't have to worry about McIlroy this time. The Northern Irishman was forced to withdraw after injuring his ankle while playing soccer with his friends.

THE ASSOCIATED PRESS

Louis Oosthuizen share a laugh during Tuesday's practice round at St. Andrews in Scotland. ANDREW REDINGTON/GETTY IMAGES

BACK IN CONTENTION

Louis takes eye off the ball to improve

When Louis Oosthuizen played in the last British Open held at the home of golf, he was such an unknown that the Royal & Ancient put out a fact sheet with 11 things to know about him.

The South African ended the week walking off with the claret jug.

That was five years ago. No need for a primer this week, although he's not done springing surprises.

During last month's U.S. Open at Chambers Bay, Oosthuizen tried out a new putting technique — looking at the hole rather than the ball — and it almost propelled him to a second major title.

> **Hopefully we can pull each other in the right direction this time.**
> Louis Oosthuizen on playing in the same group as Tiger Woods

He finished with rounds of 66-66-67 to finish in a tie for second, giving him momentum and the buzz of being in contention again at a major heading to St. Andrews.

"I had a bit of a glimpse of (my best form) on the last three rounds at Chambers Bay, and that really got me motivated to this week," Oosthuizen said Tuesday. It gives me the confidence knowing what I've done here and that I can play this golf course."

He'll want a better start to the British Open than he made at Chambers Bay. He shot 77 in the first round, which at least was better than the 80 posted by his playing partner, Tiger Woods.

They are in the same group again at St. Andrews, uniting the players who have won the last three British Opens to be staged on the Old Course.

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RECIPE Asian Broccoli and Cauliflower Salad with Peanut Dressing

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

These two nutrient-packed vegetables go well with this Asian dressing.
Serves 6.

Ready in
Prep time: 15 minutes
Cook time: 5 minutes

Ingredients
- 6 cups broccoli, cut into small florets
- 6 cups cauliflower, cut into small florets
- 1 cup cooked edamame
Peanut Dressing
- 1/4 cup chunky peanut butter
- 4 tsp light soy sauce
- 4 tsp rice vinegar
- 2 tsp honey
- 2 tsp minced ginger
- 1 tsp hot sauce
- 2 Tbsp water
- 1/8th tsp salt
Garnish
- 2 tsp sesame seeds
- 1/3 cup toasted chopped peanuts or cashews

Directions
1. Steam or boil broccoli and cauliflower just until fork tender, about 3-5 minutes. Add edamame during the last minute. Immediately rinse with cold water until no longer warm. Place in serving bowl.

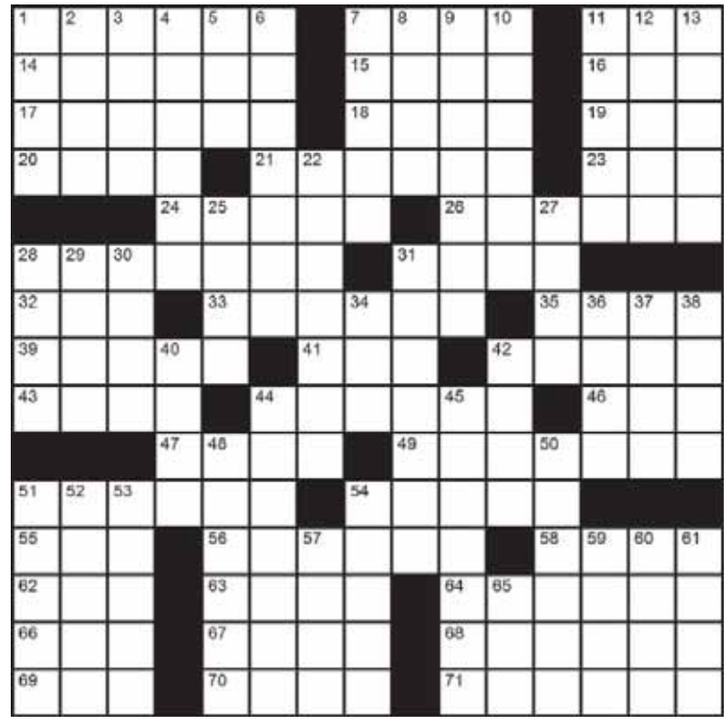
2. In a small food processor, purée peanut butter, soy sauce, vinegar, honey, ginger, hot sauce, water and salt. Pour over vegetables. Garnish with sesame seeds and nuts.

Nutrition per serving
- Calories 210
- Protein 13 g
- Carbohydrates 18 g
- Fat 11 g
- Saturated fat 1.5 g
- Cholesterol 0 mg
- Sodium 240 mg
- Fibre 6 g

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Ancient Egypt's divine beetle
7. One of a breath mint brand
11. Cheer!
14. Awaken after fainting: 2 wds.
15. On the briny
16. Exotic pet in a Barenaked Ladies tune
17. Wobbly
18. RCN, Royal Canadian _
19. _ knee (Injured leg joint)
20. Food fare featurer
21. Real
23. G7 summit attendee
24. The blahs
26. _ lava
28. Flip, as a boat
31. Nimble
32. UK award since 1917
33. Desert plant
35. Mr. Gosling
39. Curriculum _ (Work bio)
41. Mo. after July
42. 'Pet' annoyance
43. Campbell's soup flavour 'Vegetable beef with barley' ...in French: Legumes au boeuf _ _ _'orge
44. 1588 Spanish fleet
46. Ventilate
47. Fasten/secure
49. Canadian celebrity chef who has his own self-titled magazine
51. Had the opposite of a nightmare
54. Prying tool
55. Long period
56. Next to
58. Toy construction set brand
62. American flight watchdog org.
63. Division
64. One-_ (Minutes-in-duration short film from the olden days)
66. Tolkien creature
67. Civil or Electrical, e.g.
68. Family-owned New Brunswick chocolatier since 1873
69. The bar on "Cheers", _. 1895
70. Reasonable
71. US Supreme Court Justice Ms. Kagan, and namesakes

DOWN
1. Bathroom cleanser's target
2. Scoop holder
3. Prayer ender
4. Variety shows
5. Supped
6. Western series that starred Canadian actor Lorne Greene as Ben Cartwright
7. "Over the Rainbow" ending: "If happy little bluebirds fly / Beyond the rainbow why, oh, why __?"
8. Old Testament twin
9. Overhauls
10. Mr. Lautner of 'Twilight' flicks
11. Counter in a debate
12. Provide cheer
13. Earth man
22. Teleprompter-on-paper: 2 wds.
25. Gracious
27. Ancient harp
28. Peggys _, NS
29. Somewhat: 2 wds.
30. Anti-fur gr.
31. Sweetened
34. Rum _ Tugger (Cats character)
36. Birthdate info
37. Keen
38. Roman emperor
40. Actress Jessica
42. Tempo
44. Beetle's sensory organ
45. Branch off
48. Permeates
50. Ms. Dickinson of "Dragons' Den" fame
51. Robinson Crusoe author Daniel
52. Bellows
53. Legislate
54. Milk carton size
57. Do it on the dotted line
59. PayPal co-founder Mr. Musk
60. Ms. Rowlands of "The Notebook" (2004)
61. Associations [abbr.]
65. 'Arbor' suffix

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Your feelings for a certain individual will come to the fore over the next 24 hours and it could cause problems. Someone will be intensely jealous that you have a new friend.

Taurus April 21 - May 21
Be wary of people who say they have only your interests at heart. With both Mars and Mercury at odds with Pluto today you cannot afford to take chances.

Gemini May 22 - June 21
You are in an adventurous mood and have no intention of sitting around in the same old places, with the same old people and doing the same old things. You crave excitement and you are sure to get it before the end of the week.

Cancer June 22 - July 23
You can, if you wish, force your views and opinions on other people today but it's unlikely to do you much good in the long term. The moment you let down your guard, they will go back to believing what they have always believed.

Leo July 24 - Aug. 23
You seem to be in a negative frame of mind at the moment but you really should cheer up a bit. You have so much going for you and so much to look forward to. If you can't see that now, don't worry — you will soon.

Virgo Aug. 24 - Sept. 23
You know that if you take a certain course of action you will regret it in the long term, so cast the idea from your mind.

Libra Sept. 24 - Oct. 23
You are in one of your brutally honest moods and anyone of a sensitive disposition had best stay out of your way. Be careful who you criticize though. Some people have the power to make life difficult for you.

Scorpio Oct. 24 - Nov. 22
Yes, you are in the right. Yes, the facts are all on your side. But that does not matter. The only thing that counts today is who has the most power and, sadly, it isn't you. Don't pick fights you cannot possibly win.

Sagittarius Nov. 23 - Dec. 21
Someone you thought you could trust is actually conspiring against you. Fortunately, someone who is a real friend will warn you, but will you believe them?

Capricorn Dec. 22 - Jan. 20
The planets warn that others may play on your fears. The Sun in your opposite sign may give your rivals the upper hand but you are under no obligation to make things easy for them.

Aquarius Jan. 21 - Feb. 19
You may be tempted to crawl back into your shell and pretend that the world outside does not exist but you won't do it. You are smart enough to know that ignoring your problems will only make them worse.

Pisces Feb. 20 - March 20
If there is anything of a detailed nature that you have to do you should postpone it for another day. The planets warn you will be easily distracted over the next 24 hours.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

		3		4		6		
	7			3			5	
2								7
			6		1			
9	1			7			4	2
			5		4			
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	8			1			2	
		4		8		7		

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